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KATE ANDREWS HIGH SCHOOL

www.kateandrewshighschool.com

NEWSLETTER

FEBRUARY



Semester 1 Report Cards

Semester 1 **REPORT CARDS** are being mailed out student's home addresses on Friday, February 3rd. If you do not receive your child's report card in the mail soon, please contact the office.

NEW - KA Teacher Advisory Groups

Kate Andrews, alongside all Palliser Schools, collects and considers feedback from students, parents and staff in many ways. Some of these ways of collecting information include the accountability pillar, school reviews, and recently we had our own round table forum. As a school we have noticed a trend that shows that students do not feel like they have intergrade connections within the school and in some cases do not have as strong of relationships with teachers and supporting staff as we would hope. In response to this we are going to **pilot teacher advisory groups during the second semester**. Students will be assigned to a multigraded cohort of about eighteen students and a teacher. Every two weeks, for twenty minutes, that group will get together to spend time getting to know each other, discuss the happenings of the school, and participate in other activities that contribute to relationship and community. This is something a number of high schools do across the province and more are trying as part of High School Redesign Initiatives. We have had a committee of five teachers diligently working to prepare for the implementation and we are excited about the benefits this may bring to our students and teachers alike.

Palliser Board of Trustees Invites Your Input

As part of the Palliser Regional Schools Board of Trustees' response to the **Organizational Review Report**, the division has added two new pages to the division's website.

The first offers updates on work occurring or completed on each of the 21 recommendations made in the review. Our [Organizational Review page](http://www.pallisersd.ab.ca/board-of-trustees/or-review) (http://www.pallisersd.ab.ca/board-of-trustees/or-review) includes links to the full report, the executive summary and the recommendations, as well as other background. The second is focused on the Board's [Policy Review](http://www.pallisersd.ab.ca/board-of-trustees/policy-review) (http://www.pallisersd.ab.ca/board-of-trustees/policy-review), offering information on policies currently being reviewed.

Both pages offer opportunities for stakeholders to share comments, ask questions or make suggestions.

Coaldale Schools Facilities Planning Open House – Follow Up

Palliser Regional Schools held an open house Jan. 31 to share information about each of the Coaldale-area schools, including facility challenges and opportunities, enrolment and programs.

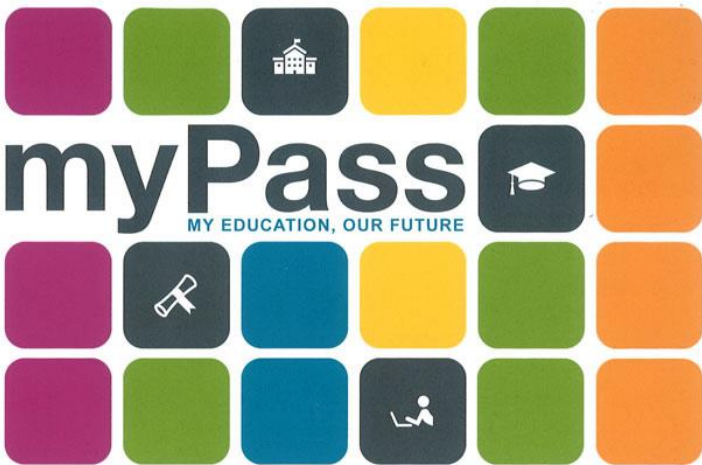
The open house was to encourage stakeholders to brainstorm ideas for making the best use of the facilities already serving the community and adjust for community growth.

As part of the evening, stakeholders were encouraged to review storyboard information about each of the schools in Coaldale and at Sunnyside and to talk to school administrators about their perspective and concerns. Forms were provided on which stakeholders could make their suggestions and concerns known.

If you weren't able to attend the event, you can review the information presented, including the Powerpoint and storyboards on the Palliser website at <https://goo.gl/wcQV48>. The documents are available in PDF format for printing or JPGs for viewing online. You'll also find information on how you can share your ideas, suggestions or concerns.

Feedback submitted by Feb. 7, 2017 will be reviewed to identify key themes which will then be shared with stakeholders for further consideration.

Please visit the [Palliser website](http://www.pallisersd.ab.ca) (www.pallisersd.ab.ca) for more information.



myPass
MY EDUCATION, OUR FUTURE

myPass is an Alberta Education secure self-service website for high school students to:

- ✓ View and print diploma exam results statements
- ✓ Order transcripts
- ✓ And more

Visit myPass.alberta.ca to request access.

Alberta

Diploma Exam Marks

Alberta Education no longer mails out Diploma Exam results. In order to find out your Diploma Exam results you will need to visit myPass.alberta.ca.



SPRING DRAMA PRODUCTION

Auditions for the Kate Andrews Spring Drama Production will be held in late February or early March. Please listen for announcements or check the school website for dates as they are announced.

Regional Skills Alberta Update

Once again Kate Andrews High School will be sending students to compete in the **Regional Skills Competition** on **April 13, 2017** at the Lethbridge College. Information packages can be picked up from your CTS teacher.

Areas of competition are:

Auto Service

Carpentry

Graphic Design

Photography

Baking

Culinary

Hairstyle Braiding

TV/Video Production

Cabinet Making

Fashion

Hairstyle Bridal Updo

Welding

Other areas of competition to take place in Edmonton are:

Fashion Technology

Public Speaking

Job Search

Workplace Safety

Job Skills Demonstration

Workplace Safety

Registration is February 11, 2017. Please see your individual CTS teacher for registration. Check out the website at www.skillsalberta.com for more information. GO PRIDE!!!!

GRAD 2017

GRAD MEETING

There will be an important meeting held on **Monday, February 13th** at the beginning of period 3 for all Grade 12 students. The meeting will last approximately 20 minutes and all Grade 12 students are required to attend as important information will be shared and discussed.

GRAD PORTRAITS

Individual Grad Photos will be taken on **February 27th, 28th, and March 1st** in the Drama Room from 8:00 a.m. – 3:30 p.m.

Sessions will be 30 minutes long and the sitting fee is \$40.00 To book your appointment, go to www.lifetouch.ca/southernalberta. If you have any questions or concerns, please contact Lifetouch at 403-327-2658.

Every Grad must have a photo taken, even if they do not plan to purchase a package from the Lifetouch so that they can be included in the Yearbook and the 2017 Class Composite. If you do not wish to pay the \$40 sitting fee/do not wish to purchase any grad portraits, please contact the Lifetouch office to set up a quick (5 minute or less) appointment so you can be included.

Further information is available on the Lifetouch website or from the KAHS office.

CLASS OF 2017



“Me to We” Cafe

“WE” WEDS

\$5.00 LUNCHES!

Weds. Feb. 1st

Taco in a Bag with a Pop or Water!

Weds. Feb. 8th

Pulled Pork Bun with a Pop or Water & Bag of Chips!

Weds. Feb. 15th

Hot Dog with a Pop or Water & Bag of Chips!

BAND FUNDRAISER

The band students are currently selling **Booster Juice Vouchers**. The vouchers are \$5 each and are valid for one 710 ml regular smoothie - a savings of over \$1 as opposed to paying regular price! \$1.25 from each voucher goes towards the band trip in April where band members will travel to Banff to participate in a series of master classes with a guest conductor.

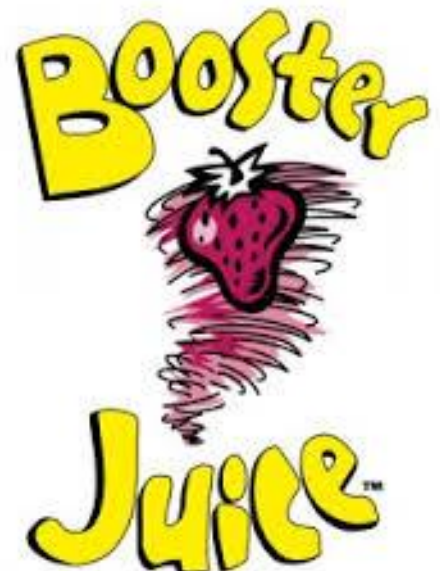
Course Drop Deadline

The Add/Drop Deadline for students for Semester 2 is Friday, February 10th.

After this date, students will not be able to add or drop courses. (They may withdraw from a course, but not drop one.)

School
Council

The next School Council meeting will be held on **Monday, March 6, 2017** in the KAHS Conference Room at 7:00 p.m.



“WE” Create Change

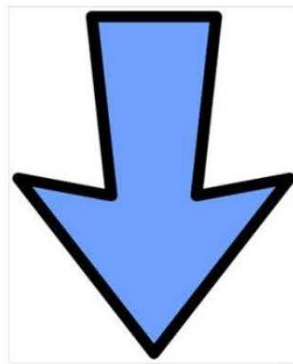
is back at Kate Andrews High School for the 2016-17 school year and now is your best chance to open doors for children everywhere.

Helping to Build a School in
ECUADOR!



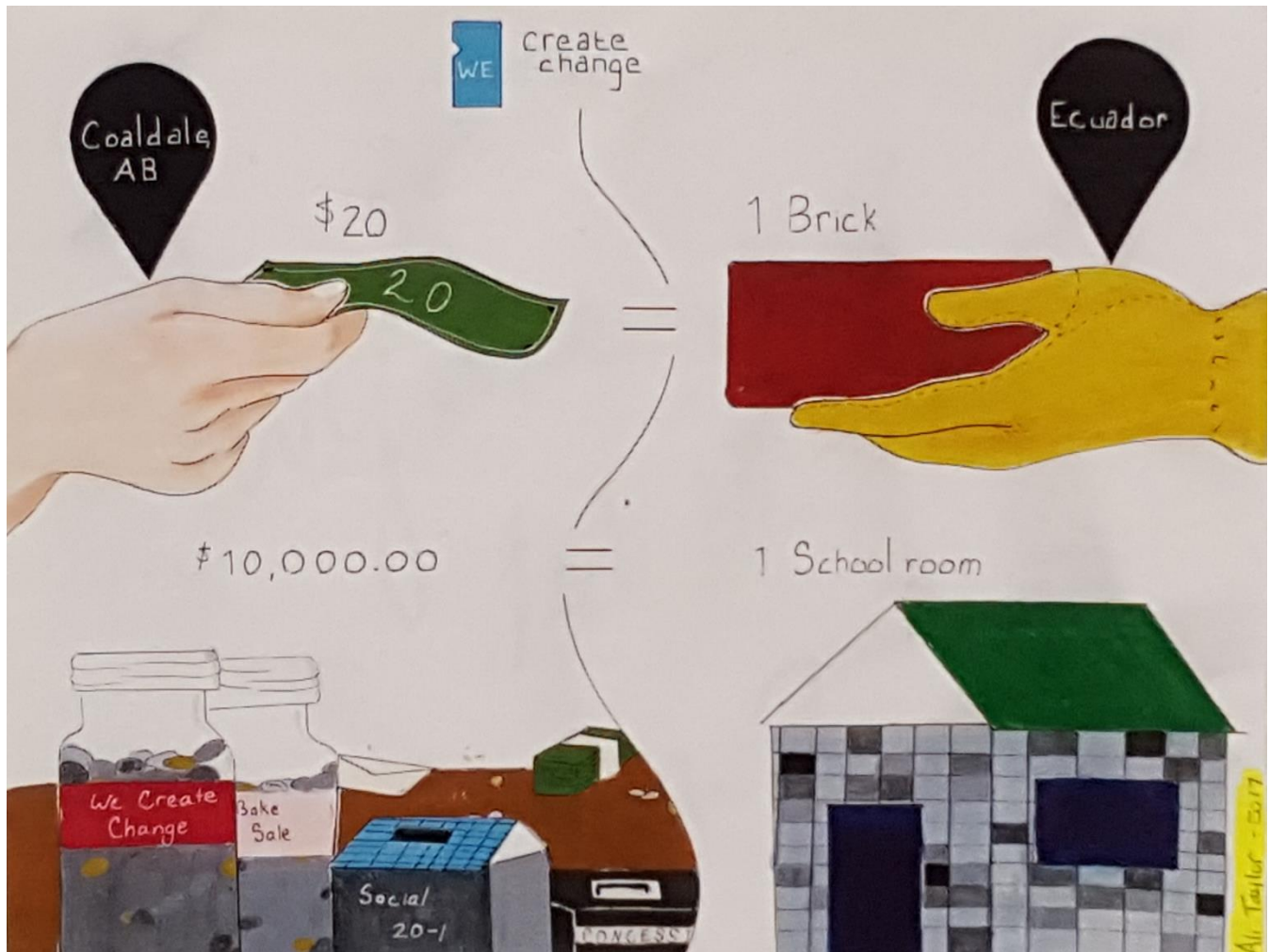
\$20 per Brick

500 Bricks = \$10,000



MONEY RAISED SO FAR:

~~\$4891~~ = ~~244~~ BRICKS



CANADA 15

Carnival 2017
Thursday March 16th 6:30pm
Coaldale Arena

Ticket Prices: Immediate Family of 4 - \$20
Adult (18-64yrs) - \$7
Senior (65+) - \$5
Student (6-17yrs) - \$5
Child (5yrs and under) - FREE



Tickets available by pre-sale on Tuesday March 14th at the arena from 4-9pm
Remaining tickets will be available at the door.

Please join us in celebrating this great nation we proudly call home!

Understanding Gender Identity

Gender is more complex than most of us have been taught. Gender is made up of 3 parts:

- gender biology (our bodies or biological sex – our sex at birth based on the appearance of genitals)
- gender expression (how we dress and act), and
- gender identity (how we feel inside)

Not all youth fit neatly into being male or female. For some, the sense of being “both” or “neither” best describes their reality. Sometimes they may identify more as male or more as female on different days; this is described as being gender fluid and is a normal variation of human gender. A person’s gender is not what others tell them, but it is how they feel and who they know themselves to be.



As a parent, you can be a great influence in your teen’s life, but you can’t change their true gender identity or expressions of their gender. However, you can help them to have a healthy, positive sense of themselves in relation to their gender. Some people are very young when they become aware of their gender identity – some as young as 3. It is important to not focus on your teen being male or female, but support them in exploring a wide variety of age appropriate interests and talents. Your teen may turn to you if they’re feeling worried, scared, or confused about their own gender identity. This may seem overwhelming as a parent, but it’s important to listen to your child with an open mind and open heart. You don’t have to have all the answers; together you can find more information and support. Understanding who they are can bring joy, relief, and peace of mind to everyone.

Your child’s gender identity is a gift, and like their intuition, creativity, and intellect, they are a part of the foundation that makes them who they are. For more information and support please visit the Alberta Health Services www.teachingsexualhealth.ca

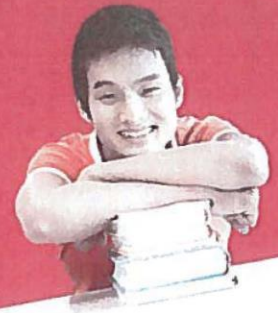
Talk to Your Teen About Mental Health – Part 2

One of the most significant things for teenagers is to know that they can come and talk to someone if they are worried about their own or someone else’s mental health. Being open to talk about mental health, and showing you care means a lot. Here are tips that can help:

- Listening is more important than talking.
- Everyday conversation questions can help: “How was today?” or “What was the most challenging thing you did today?”
- Talking while going for a walk, doing the dishes or watching TV in natural times and places works well.
- Emotions are emotions, they are not right or wrong. Your teen may feel differently about things than you do. And you may not understand or agree with their feelings. That is okay.
- Acknowledge your teen’s feelings. For example: “I can see this is a really difficult time for you. You look upset. Tell me about it.” You don’t have to solve the problem; you can empathize and listen to your son or daughter’s feelings.
- Judgemental statements like: “Why on earth did you do that?” “Were you not thinking at all?” are likely to create a defensive reaction. It’s okay if you’re disappointed or upset. Try to name your feeling and ask your question without judgement: “I’m disappointed with your behaviour. Please tell me what happened.”
- Use non-judgemental statements and questions: “Tell me more about that.” “What are your thoughts?” “Tell me what happened?” “How do you feel about that?”

Adapted from resources available at: <http://www.time-to-change.org.uk/>

HOST an international student!



Learn new customs and create lifelong friendships

MLI Homestay is seeking enthusiastic and caring
Coaldale/Lethbridge
families to host **Japanese middle and high-school students**
for our upcoming spring program

MALE AND FEMALE STUDENTS

Staying 8 nights from March 16-24, 2017

Students will attend Kate Andrews High School

They look forward to spending evenings and weekend with their host families!

Register online at www.mlihomestay.com/apply-to-host.html
To sign-up, or learn more about this exciting cultural-sharing opportunity, please contact:



Julie Stocker

403-328-4111

julie.stocker@pallisersd.ab.ca

www.mlihomestay.com



February 2017

KATE ANDREWS HIGH SCHOOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please see the ATHLETICS PAGE on the KA website for a schedule of PRIDE Activities			1 First Day of Semester 2 (Quarter 3-Grade 9)	2	3 Semester 1 Final Report Cards Mailed Home	4
			5	6 Assembly: Period 1	7	8 EPIC Trades Day at LC
12	13 Grad Meeting Period 3 (Mandatory for Gr. 12's)	14 	15	16 	17 Random Act Of KXndness Day!™	18
19	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25
26	27	28				

This calendar is accurate as of the date it is posted (February 3, 2016.) Please visit www.kateandrewshighschool.com for the most up-to-date information.