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KATE ANDREWS HIGH SCHOOL NEWSLETTER

www.kateandrewshighschool.com



APRIL

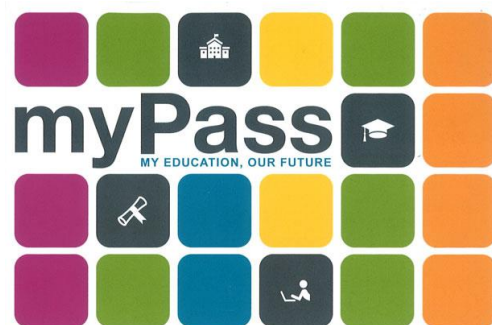
NO SCHOOL

There will be NO SCHOOL from
Friday, April 15th to Friday, April 22nd

TRANSCRIPTS

Students – especially Grade 12 students need to register for myPass.alberta.ca. This is how you will order transcripts once you are done high school.

We strongly encourage ALL HIGH SCHOOL STUDENTS to register for myPass. You can also use myPass to view Diploma Exam results and credits earned!



myPass
MY EDUCATION, OUR FUTURE

myPass is an Alberta Education secure self-service website for high school students to:

- ✓ View and print diploma exam results statements
- ✓ Order transcripts
- ✓ And more

Visit myPass.alberta.ca to request access.

KAHS ATTENDANCE PROCEDURE

In conjunction with the Education Act, KAHS is enforcing an Attendance Procedure, in an effort to reduce the number of students who frequently come late to class (*unexcused*), or leave early without parental permission, which disrupts the learning of other students.

During each period, the classroom door will be closed after the teacher takes attendance. If the door is closed, students who are late will need to come to the office to get a late slip. After a student is late (*unexcused*) 5 times, Administration will have a conversation with that student's parents and the student will not be permitted into that class for that day. Instead, the student will be given a space to work (in the office or the library), so that they do not disrupt the learning of the rest of the students in that class. *Students are expected to be prepared, with their books/supplies when they arrive for class.*

Students leaving class early should check out at the office to ensure that it has been excused by a parent. Administration will contact parents of students who frequently leave class early, without prior parental consent.

Parents/Guardians can call the KAHS Office (403-345-3383), use the School Messenger App, or call the Safe Arrival Automated Phone Service (1-844-260-7166) to report student attendance.

Parent Teacher Interviews

KAHS is resuming it's traditional, in-person Parent-Teacher Interviews. They will take place in the KA Gym on **Thursday, April 7th from 4-5pm and 6-8:30pm.**

An appointment is not necessary. Parents/guardians are welcome and encouraged to come have a conversation with their child's teachers.

Kate Andrews 3 v 3 Alumni Basketball Tournament

TIE UP THE SNEAKERS OR GRAB THOSE SOUND MAKERS AND COME JOIN THE FUN ON MAY 7TH. WE ARE BACK WITH A NEW 3 ON 3 FORMAT THIS YEAR. GET A GROUP OF 4 OR 5 ALUMNI TOGETHER OR JOIN AS AN INDIVIDUAL. THE EARLY BIRD REGISTRATION DEADLINE IS APRIL 7TH, FOLLOW THIS [LINK](#) FOR MORE INFORMATION.



KA ATHLETICS

1. Kate Andrews Athletics is hosting their first golf tournament fundraiser in collaboration with Land-O-Lakes golf and country club. **The fundraiser golf tournament will be held June 10th, with a 1pm shotgun start.** Entry fee is \$600 per team or \$150 per individual golfer. This includes the green fee, cart, and a steak dinner. If you're interested in playing, please call Land-O-Lakes pro shop @ (403) 345-2582 to register. If you're interested in donating or sponsoring our tournament, please contact Clayton Ressler at (587) 223-7765 or Clayton.Ressler@pallisersd.ab.ca.
2. Softball is underway and league play begins this month, wrapping up in June. Go pride!
3. Baseball is underway and league play begins this month on the 6th of April @ Spitz Stadium. The season runs until May long break.
4. Badminton athletes have been competing since the 19th of March and will compete in cities and districts on the 11th and 13th of April. If athletes advance from these events they will compete April 29th (gr 10-12's) and April 30th (Gr 9's) at zones. Good luck to our badminton athletes and congratulations to all those who have already won medals throughout our tournaments.
5. Track and field begins at the end of April with competition in May and June. Watch for the announcements and our Instagram to know when extra curricular training begins.
6. Our Kate Andrews Athletics Awards evening will take place June 9th @ 7pm in the Kate Andrews gymnasium.

There are lots of SCHOLARSHIPS and BURSARIES available for students to apply for, and many deadlines are coming up in April! Check out Miss Meurs' Career and Academic Counselling tab on the KA website for more information.

GRADS It's not too late to book Grad Photos!

If you didn't get your grad portraits done while Lifetouch was at KA in February, you can still make an appointment at the Lifetouch studio in Lethbridge. Visit www.lifetouch.as.me to book.

GRAD 2022 will take place on Tuesday, June 28th.

Once more details about the day are known, they will be shared with you.

GRADS – Please keep an eye on the KAHS Graduation 2022 GOOGLE CLASSROOM and the GRAD 2022 TAB on the KA Website. Information pertaining to Grad will be will be posted frequently.

BABY PHOTOS are due by May 1st. Anyone not submitting a baby photo before the deadline will not have one included in the Grad slideshow. Late photos will not be added. Students can bring their photos to the office to be scanned or you can submit them through the KAHS Graduation 2022 Google Classroom.

FNMI Status Declaration is due by May 1st, if you would like to have this recognized at Grad 2022. Please advise Miss Baraniecki ASAP if you have not already done so.



Connecting to College: Accessible Wellness

Join us **April 6 at 11 a.m. MST** for a virtual session on the importance of health and wellness for transiting students into post-secondary.

Access to health and well-being services is essential to the success of post-secondary students. We invite you to take part in our Connecting to College: Accessible Wellness workshop, focused on increasing awareness and access to health and wellness services for students and fostering discussions among Lethbridge College and community partners.

Click the link below to register OR email chelsea.tolton@lethbridgecollege.ca if you have questions.

[Register Here](#)



Good luck to our students who are competing in the Skills Canada – Regional competitions this month!

Logan Handsaeme and Brock Coutts will both be competing in WELDING.

Jager Mrak will compete in Culinary on April 12th!

Cache Klassen and Karson Willis competed in the BILD Competition at the Home and Garden Show in Lethbridge on March 30.



Congratulations to Jackson Fyfe for competing in a BRAILLE CHALLENGE! It was a lot of work and he did fantastic!



Art 9, Pastel Lime, Samantha Smith



KAHS Library Learning Commons

Information about the [Kate Andrews Library Learning Commons](#) can be found on the school website by following the links. You'll be able to find tips on how to find library resources using the online Destiny catalogue, see what you currently have signed out and renew library books. Check out what's new or find something different to read under **KA Reads**. If you have a good book you'd like to recommend let Ms. Wittebolle know.



Art 9, FORLORN BEAST, Pastel, Sasha Grigor

CAREER TRANSITIONS

CAREER EXPLORATION SESSION

HUMAN RESOURCE CONSULTANT

MAY 19, 2022
11:30 am



Human Resources professionals provide businesses with consultation in many different aspects around people-management in the workplace. This includes hiring, onboarding, training and support for employees and managers, benefit administration, creation and implementation of policies and procedures, and much more! The field of Human Resources is a vast and rewarding career for those who enjoy wearing multiple hats and watching the workforce flourish with the right talent.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email office@careersteps.ca

CAREER TRANSITIONS

CAREER EXPLORATION SESSION

CIVIL ENGINEERING TECHNOLOGIST

APRIL 7, 2022
4:30 pm



Civil engineering technologists work with engineers, architects, surveyors, and contractors. They design, develop, and build civil engineering projects including roads, bridges, buildings, water and wastewater treatment plants. They ensure projects are economical and functional, meeting standards and building codes. A workday may include planning, design, drafting, surveying, inspecting, testing, supervising or administration of construction.

CETs are employed by all levels of government and the private sector. Join Terrence to find out more about a career that solves problems using industry-recognized codes, standards, procedures and practices.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email office@careersteps.ca

Miss Meurs will be meeting with Grade 12 as well as Grade 11 students regarding where they are at with credits to make sure they are on track for Graduation.

Any students that have questions regarding credits and graduation requirements should meet with her as soon as possible.

CAREER TRANSITIONS

CAREER EXPLORATION SESSION

CHIROPRACTOR

APRIL 28, 2022
11:30 am



Chiropractic is a healthcare discipline firmly grounded in science and endorsed by research. Evidence continues to prove the value of chiropractic care with consistently high marks for clinical effect and patient satisfaction. Doctors of Chiropractic are spine and musculoskeletal system experts specifically trained to diagnose the underlying cause, treat, and recommend option to relieve pain, restore mobility and prevent reoccurrence so people can lead healthy active lives. Join Dr. Haitsma to learn more about this engaging career and how chiropractic is proactive hands-on healthcare that works.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.



Questions? Email office@careersteps.ca

EARN CASH • GET CREDITS

SUMMER JOB INFO SESSIONS



How are you
spending your
summer?

CAREERS works with your school and local employers to offer paid internships (a summer job!).

Get paid, earn credits, and gain valuable work experience.

MECHANICAL AND INDUSTRIAL JOB OPPORTUNITIES

APRIL 20 • 6PM

INFORMATION & COMMUNICATIONS TECHNOLOGY(ICT) JOB OPPORTUNITIES

MAY 10 • 6PM

ALL OPPORTUNITIES INCLUDING HAIRSTYLING & BARBERING

MAY 17 • 6PM

for information email or call
events@nextgen.org
1.888.757.7172

REGISTER HERE



careersnextgen.ca



CAREERS
take on the future



www.careersteps.ca/epic
office@careersteps.ca
(403) 328-3996

QUESTIONS?
TALK
TO YOUR
CAREER
PRACTITIONER
TODAY

EPIC

Exploring Possible
Industries and Careers

**GRADES 9-12
WELCOME**

Morning and Afternoon
Sessions

Exploration Zones
Interact with 5 unique careers

Tours Available
Request a tour of a business or
post-secondary institution

APRIL 13, 2022

EXHIBITION PARK
LETHBRIDGE



RACEPRO.CA/COALDALE

5K RUN OR WALK

Eleventh
**FAMILY FUN RUN
COALDALE *2022**
Presented by Coaldale Christian School

IN-PERSON EVENT **APRIL 9** VIRTUAL RACE WEEK **APRIL 2-9**

CORPORATE TEAM CHALLENGE | SCHOOL TEAM CHALLENGE

**\$tudent
\$cholar\$hip\$**

Join us at the BGCL Youth Centre to gain knowledge and resources to apply for post-secondary scholarships.

**Friday, April 8
1:00-4:00pm
BGCL Youth Centre
227 12B St. N**

Call or Text
Youth Campus
(403) 715 0853
to sign up



Art 9, WISHES, Emma Collins



INTERNATIONAL STUDENT PROGRAM



BECOME A HOMESTAY FAMILY!

The Palliser School Division is looking for homestay families to host a large number of international students who would like to attend a Palliser School for both short and long-term stays.



The opportunity to experience a cultural exchange in the comfort of your own home



See Canadian culture through the eyes of an International Student



Engaging experience that will give your family, and the student, memories to last a lifetime.



Receive monthly compensation



Requirements

- ✓ Have a separate bedroom in your home
- ✓ Provide meals and some transportation
- ✓ Have a clear criminal record check

Contact Us

If you would like more information about the Homestay Program or to refer a family, please contact us.

403-328-4111
 palliser_international@pallisersd.ab.ca
 www.palliserinternationaleducation.com

**The Kate Andrews Online Gear store deadline to order has been extended!
Check it out @ kchs22.itemorder.com. The store will be open to purchase
KA gear and close on April 2nd. Get your orders in ASAP.**

KAHS STUDENT

Art Show

May 10- June 10
at the McCain Gallery,
Coaldale Public Library



stay tuned for more information

direct any questions to
paige.hierath@pallisersd.ab.ca

KATE ANDREWS HIGH SCHOOL
GRADUATION 2022

*Convocation
Ceremony*

TUESDAY, JUNE 28, 1:00PM
GRADS MUST ARRIVE AT 12:15PM FOR PICTURES
DOORS OPEN FOR GUESTS AT 12:50PM
TICKETS REQUIRED

College Drive Community Church
2710 College Drive South
Lethbridge

Kate Andrews High School
**Graduation
2022
Banquet Dinner**

Begins at 5:30pm
Grads must arrive at 5:15pm
Tickets \$50 each

Coast Lethbridge Hotel
526 Mayor Magrath Drive S
Lethbridge



R.I. Baker Middle School Presents...

**A Post Pandemic Look at Technology and Adolescent Online Activity.
A parent's guide to...**

What can they see?



How can they see it?



How can I best monitor?



Who: Ted Emmett is the coordinator of Marketing and Communications with Hockey Alberta. Ted educates parents and their youth all over Alberta on the importance of digital citizenship. He is a popular podcast personality and has visited many schools.

All RIBMS parents and students are welcome!

When/Where: 7:30 pm on Thursday March 31, 2022 at the RIBMS gymnasium. Doors open at 7:15.



Spotlighted

- Silvia Cuesta Sanchez
- Lia Huber
- Alezandra Chua
- Charlie Crombez
- Lesley Roszell

"This month in creative writing students were given the task of creating a Glosa Poem. A Glosa is a challenging task as it consists of 40 lines of poetry! The glosa picks up on the concept of glossing--that is, elaborating or commenting on a text. Our students have demonstrated a high level of skill!" Enjoy a combination of Glosa poems and additional free writing that students have explored this month!

-Miss Gurski

GLOSA POEMS

CONSTRAINTS OF THE GLOSA

-A glosa is comprised of an opening quatrain (four-line stanza) from another poet, followed by 4 10-line stanzas.

-Lines 6, 9, and 10 are end-rhymed.

-Each of the borrowed lines reappears once, in order, as the tenth line of each of the four stanzas (i.e. line 1 of the quatrain is also line 10 of the first stanza, line 2 of the quatrain is also line 10 of the second stanza, and so on)

How One Winter Came in the Lake Region

For weeks and weeks the autumn world stood still,
 Clothed in the shadow of a smoky haze;
 The fields were dead, the wind had lost its will,
 And all the lands were hushed by wood and hill,
 -Wilfred Campbell

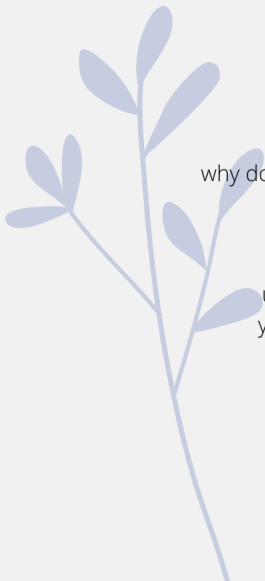
I love the nights in autumn,
 The wind touching my face
 The leaves flying like the birds,
 And beautiful sounds in the sky
 The little kids riding their bikes
 Feeling free from the world until
 Time for going home arrives.
 Walking with the colors of the clouds;
 Walking home with the sun and moon battle.
 For weeks and weeks the autumn world stood still.

Looking through my window
 Playing guitar with the rain
 The rain that hits the window
 And sings an unknown melody
 That makes my soul relax
 While my mind travels through a maze
 Of love and peace, I never want to leave
 The rain is hiding quietly
 The rainbow is appearing in amaze
 Clothed in the shadow of a smoky haze.

I hate winter cold nights
 The freezing white snow
 Dark lonely days
 When your bed is the safe place
 Where crying feels right
 Where you can only wish
 For better days to come soon
 To see the fields turn green
 But for now still
 The fields were dead, the wind had lost its will

By Silvia Cuesta Sanchez

by Alezandra Chua



why do i feel this way?

why do i feel this way? everytime i do something, i need reassurance.
 i feel like i need to be better but i know,
 you know, to make me feel better is to reassure us.

us that makes both me and my unhealthy mind feel safe.
 you know that your handwritten letters gave me comfort.
 your art gave a movement to adjust.

adjust to this world that is full of scary things,
 thus sometimes moving forward is a tough move.
 It's often hard to trust the process.

but you being here makes me feel secure.
 you help me with your beautiful words,
 words that help me mature.

By Charlie Crombez

We Wear The Mask

We wear the mask that grins and lies
It hides our cheeks and shades our eyes
This doubt we pay to human guile
With torn and bleeding hearts we smile
-Paul Laurence Dunbar

I've always known I was different
Those around me normal
I was just a quirk to be laughed at
Never able to say my words right
My lips in a jumble
My tongue decide to tie
Into a knot
That I couldn't undo
My brother always asked why
We wear the mask that grins and lies

My grandma had the problem too
Her lips could barely keep up
With her words she had to say
It made me realize in that moment
Maybe it wasn't normal
To use a mere guise
To hide who I truly am
Behind a mask that says goodbyes
It hides my cheeks and shades my eyes

Sometimes I miss
Who I could have been
Without a mask to hide behind
How I could have been seen
Known as who I am, friendly smile
I've thought it through a thousand times
Nights I lay awake thinking about how much is gone
If I hadn't listened to my doubts while
This doubt we pay to human guile

A dark voice still speaks
Tells me to hide
That I can do no good
Only embarrassment and shame
That those around just pity and hide behind false smiles
I trust this voice sometime
To keep a hushed tone and not speak
But without the mask I feel free while
With torn and bleeding hearts we smile

MY MOM

t

DEAR MOM , THANK YOU
LIEBE MUTTER, DANKE
THANK YOU FOR ALWAYS BEING THERE FOR ME
DANKE DASS DU IMMER BEI MIR BIST
THANK YOU FOR KISSING MY CHEEK
DANKE DASS DU MIR DIE WANGE KUESST

THANK YOU FOR CARING FOR ME AND
DANKE FUER DEINE SORGSAMKEIT UND
SORRY FOR ANNOYING YOU
SORRY FUER MEINE NERVIGKEIT

DEAR MOM, I KNOW IT'S HARD
YOU CARRYING EVERYTHING IN YOUR HEART
TRYING YOUR BEST TO KEEP US SAFE, HAPPY, ALIVE
MAKING ME LAUGH , CRY AND BELIEVE IN LOVE
WHenever I HEAR YOUR VOICE IT'S MUSIC IN MY EARS
AND A LITTLE LIGHT IN MY HEART APPEARS

DEAR MOM, I AM SORRY
I AM FINE - HAD JUST A HARD TIME
DON'T WORRY
I TRY NOT TO SHOW EMOTIONS
BUT MY HEART IS LIKE A CRYING OCEAN
WHEN I AM ANGRY, SAD, LOST IT IS NOT YOU,
DON'T TAKE IT PERSONALLY
I AM NOT THINKING RATIONALLY ALL THE TIME ABOUT MY ACTIONS

DEAR MOM, I WILL TAKE CARE OF YOU
LIEBE MUTTER, ICH WERDE MICH UM DICH KUEMMERN,
I WILL THAT WE ARE TOGETHER FOREVER,
ICH WILL IMMER DASS WIR ZUSAMMEN SIND,
I WILL NOT THAT YOU SING ALONE EVER
ICH WILL NIEMALS DASS DU ALLEINE SINGST,
MOTHERLY AND FULL WITH CONFIDENCE IN YOU,
GANZ MUETTERLICH UND VOLLER ZUVERSICHT,
DO I KNOW THAT YOU LOVE ME,
WEISS ICH DASS DU MICH LIEBST,
AND YOU WILL ALWAYS WATCH ME SLEEPING,
UND MICH IMMER IN DEN SCHLAF WIEGST,
I NEED YOU SO PLEASE DON'T DISAPPEAR
ICH WEISS ICH SAG ES VIEL ZU WENIG,
DON'T LET MY FEAR COME TRUE



THANK YOU FOR BEING HERE !
DANKE DAS ES DICH GIBT !

Thinking Under The Moon

take the moon
and take a star
when you don't know
who you are

-WAYNE KEON



The wind shifted under my fingertips, a light breeze during the beautiful star filled night. The wind twisted and turned between my fingertips like it was playing a game, maybe a game of tag. Taking a deep breath of the wind made me shake, from my toes to my head, from my skin to my soul. Whistling wind guided me as I walked through the tall grass, it touched my bare feet. I hissed at the feeling of weeds scraping against them but the pain would subside soon. Maybe I should've worn shoes. My eyes drifted to the sky once again, my hands raised to touch the untouchable. I shivered again making my hand retreat, it was so cold for mid june. My eyes wandered high, making my neck ache as I gazed up, I just wanted to take the moon.

Take the moon and keep it to myself.
Shield it away from the greed of the world and shelter it,
Only I get the privilege of the glossy ball.
But that wouldn't make me much better than any other that wanders the earth, we all are selfish, filled with greed and hatred. But that's the beauty of humans, of humanity, that we can overcome it, which is quite bizarre. Think about it truly, we were made to survive and that's it. We were never told to help others but we developed the instinct to depend on others, to live in peace with others. At least some have, the rest are stuck in a selfish pit of never ending tar. They are the ones who steal, who go and take a star.

They rip the stars from us, we beg and plead to not take it, fight to prevent it but we can't always do it. People do it, some hurt others to get what they want, hurt animals. But like I said, we were built for survival not compassion. That's our purpose is it not? I'm one of those people, I'm not proud of it but I was raised to survive. I beg of you not to think of me so low. Not all get a warm hug and a nice meal, some suffer in the slums, shiver in the cold wind at night questioning their existence. But in the next few seconds my perspective may have shifted, when I heard a cry of pain below. I was wary as I went down the rocky cliff, and I had a moment of "When you don't know."

When you don't know how to approach the situation, other than whipping out the carved dagger. When you don't know how to confront the creature that lays under an overhang of rocks. When you don't know how to free a dragon from a net. It was a magnificent purple that made you stare, eyes yellow like the bruning stars, it covered in the cave but let off a terrible growl as it saw me approach, it truly wanted to kill me. I can't blame it, it then shuffled farther away. But not too far. It trembled, it wanted to live, it was pathetic. Its life was in my hands. I knew what to do, I had to give into my instincts. I cut it from its snare and stood back, I might become caviar. It stared wide eyed, I set it free. It growled and flew away, it set me free. Maybe I need some time to look in the reflection of the ocean and ask "Do you know who you are?"

By Lesley Roszell