

OCTOBER 2020

KATE ANDREWS HIGH SCHOOL NEWSLETTER



We are excited that we can offer the Power School Parent/Student Portal as a way to view student grades and attendance online, LIVE! This means that you can see if your student is marked late or absent from class, and even have a notification sent right to your phone the instant that your student is marked absent by the teacher. You now have a live link to your student's **current grades** as well as seeing if they have any missing assignments.

Now that we are LIVE with the PowerSchool Parent Portal, we will not be sending out hard copy report cards or progress reports. If parents require a hard copy report card, they may contact the school office to make arrangements to come in and pick it up.

If you require assistance to set up your account, please contact our office by phone at 403-345-3383 or email to darby.bell@pallisersd.ab.ca or Kristy.darby@pallisersd.ab.ca.



Bell/Class Schedule:

Students should still go through their specific *Grade Level Doors*, which will now open at **8:20am**. Students may go directly to their cohort classroom at this time.

MONDAY-THURSDAY SCHEDULE

	Period 1	Period 2	Lunch	Period 3	Period 4
All Grades	8:40 - 10:05	10:10 – 11:40	11:40 – 12:25	12:25 – 1:50	1:55 – 3:25

FRIDAY SCHEDULE

	Period 1	Period 2	Period 3	Period 4
All Grades	8:40 - 9:35	9:35- 10:30	10:30-11:25	11:25- 12:20

As students stay in their cohort classroom for the duration of the day, or until a teacher comes to get the class to go to a different room (*i.e. Phys. Ed., Foods, Construction, etc.*) only the bell to signal the **beginning of each class**, the **beginning of lunch**, and the **end of the day** will actually ring.

Information Verification/FOIPP/ Technology Consent Forms

In September, Grade 10 – 12 students were given a package which included a **WHITE Information Verification Form**, a **GOLD/ORANGE coloured Information Technology User Agreement/Permission Form** and a **BRIGHT YELLOW coloured Consents for Information Disclosure form**. While most of these forms have been returned to the office, there are still some missing. If you still have these forms please complete them (must be completed by a parent/guardian) and return them to the office immediately. If you need new forms, please come to the office to get new ones.

These forms are important and must be completed each year and submitted to the office.

Most Grade 9 students completed these forms when they registered for KAHS, however we are still missing a handful.

The **Information Verification Form** helps us to keep our contact information for student's families up to date, and allows us to be able to complete government forms, such as requests from Canada Revenue Agency, when they ask for confirmation of where a student lived and who they lived with. Without consistent, proper documentation, we are not able to complete such requests.

The **FOIPP** and **Information Technology Consents** are also important so that we know what permissions students have in regards to Media & Information release and computer/internet access on School computers. Computer Access will be revoked for students who have not submitted a completed Information Technology Form, and students who have not submitted the completed Consents for Information Disclosure will not be included in pictures.

Students will not be able to access Palliser technology without handing in the Information and Technology Consents form. They will not have access to Wifi at KAHS until it is submitted.



Students do not need to sign in and out at the office when they arrive at school or when they leave, however if a student is not in class the teacher will mark them Absent, and an automated call will go home to the parent/guardian in the evening to let them know that their child was absent. Parents who use the PowerSchool App have the option of enabling Attendance notifications so they can be notified instantly when a student is marked absent.

Students are only excused for an absence when a parent/guardian has excused them by either contacting the office or using the School Messenger App or automated phone number (1-844-260-7166) to report student absences. There is a link to the School Messenger app on the main page of the KA website.

Introducing Winning Wednesdays...

What is it?

A little fun each week!

A weekly dress-up day that replaces the spirit weeks we used to have.

Why is it called 'Winning Wednesday'?

Because by dressing up, and posting your pic to Instagram, you have a chance to *WIN a prize every week!* Post a pic and use the *#winningKA* hashtag to be entered.

What is coming up?



October 7:

Western Day - giddy up and get to school in your western wear



October 14:

Tie Dye Day - groovy man

October 21:

Band Shirt Day - wear your favorite band or concert shirt



October 28:

Ghostly & Ghastly Day - get spooky on Halloween week



Photo Retake Day is Monday, October 26th!

There is no School on **Friday, October 2nd**, as this is a PD Day.

There is no School on **Monday, October 12th**, for Thanksgiving Monday.





Artwork Commissioned by Nutrien Ag Solutions

MEDIA:

Ink pen drawing; digital version is fine. No color.

THEME:

Agriculture, crop production in specific. Field landscapes are okay

EXCLUSIONS:

No animals, horses, broken down wagon wheels, cowboys, rusted old equipment, etc.
Limit visible brands.

STYLES:

Academic, gestural, pointillism, technical, line; abstract, post-impressionist.

SIZE:

Minimum 4x6, Max 8x10

DEADLINE:

November 6, 2020.

Award:

\$100.00 will be awarded for each of the top 3 artworks, as selected by Ms. Hierath

OTHER:

On the back of card, the name of the artist will be printed, along with their social media handle, if desired

Please email Ms. Hierath (paige.hierath@pallisersd.ab.ca) if you have questions!

"Is COVID getting you down? Do you want a way to break a sweat and get your brain ready for the day? Then do I have an opportunity for you!! With no sports and limited extracurricular activities available I am hoping to put together a **FITNESS CLUB** that would run before or after school. Depending on numbers, this will either be in person or virtual. If interested, please contact Mr. Bijl at parker.bijl@pallisersd.ab.ca by **Wednesday, October 7th**. Looking forward to breaking the COVID Blues with you!"



If you are getting credits for WORK EXPERIENCE, please hand your forms in to Miss Meurs ASAP!

Many students are already thinking about what they are going to do after high school. Colleges and Universities are already planning for future years and are holding open houses for current Grade 11 & 12 students.

[Applications open for many post-secondary schools on October 1st.](#)

Students seeking help with their applications are encouraged to make an appointment with Miss Meurs for assistance.

Miss Meurs has posted a comprehensive list of post-secondary open houses on her website at: <http://kateandrewshighschool.com/career-and-academic-counselling2>



Virtual Post Secondary Fair October 8th

6-8pm

We are excited to invite you to a virtual Post Secondary fair on October 8th from 6-8pm.

This is a fantastic opportunity for you to ask questions to 28 Alberta post-secondary institutions including Colleges, Universities, Technical Institutions, the RCMP, and Canadian Forces. In this virtual booth fair you can inquire about programs, admission requirements, scholarships, housing, and much more! Nowhere else do you get all these institutions in one place so be sure to take full advantage of this opportunity to plan for your future.

Please contact Miss Meurs for information on how to register.

Fall 2020 Open House Schedule

This list encompasses the main colleges and universities in Alberta. Please research your options for out of province and private post secondary institutions.

Due to COVID-19, some school will not be hosting Fall Open Houses, while others are offering them in a virtual format.

Many school will waive your application if you apply at the open house!

[List of Post secondary Institutions in Canada](#)

[University of Calgary](#) - Saturday, Oct.3, 2020 | 10am - 3pm (Calgary)

[Out of Province University Fair](#) - October 13-16 & October 19-23, 2020 | 4pm-8pm

[University of Alberta](#) - October 15-17, 2020 | Varying times (Edmonton)

[Olds College](#) - Friday, Oct. 16, 2020 | 1pm - 7pm (Olds)

[NAIT](#) - Friday, Oct. 16 & Saturday, Oct. 17, 2020 | 9am - 3pm (Edmonton)

[SAIT](#) - Friday, Oct. 22 & Saturday, Oct. 23, 2020 | TBD (Calgary)

[Lakeland College](#) - Friday, Oct. 23 & Saturday, Oct. 24, 2020 | TBD (Vermillion & Lloydminster)

[King's University](#) - Saturday, Oct. 24, 2020 | 10am - 2pm (Edmonton)

[Mount Royal University](#) - Saturday, Oct. 24, 2020 | 9:30am - 3:30 pm (Calgary)

[Grant MacEwan University](#) - Saturday, Nov. 7, 2020 | 10am-3pm (Edmonton)

[Lethbridge College](#) - Currently only offering [virutal tours](#)



Please do not drive through or park in the Bus Lane. Ever. This is not a thoroughfare, and buses may be arriving or leaving at any time to load or unload students.

We'd also like to remind students that drive that they need to follow all traffic laws. The area around the school is a school zone.

The KA office has received calls and messages from neighbours of the school, regarding the amount of litter left outside by students.

We would like to remind students to please be respectful of our neighbours by being courteous enough to use the trash bins that are provided.

If the situation does not improve, law enforcement will be encouraged to spend more time around the school to issue tickets for littering and traffic violations. Parents, please discuss these issues with your sons and daughters and encourage them to be respectful and courteous of others. Thank-you to those students who are already being responsible and courteous.





Stay at Home Guide

When do I keep my child home?

It's confusing. When should I keep my child home?

The new public health measures for COVID-19 mean students and staff who are showing any signs of illness, must stay home from school. To simplify the 'should I keep my child home' and 'how long does my child need to stay home' process, we've created a visual guide to help you understand how our schools are making decisions around managing student illness.

My child is sick. How long do they need to stay home for?

Core COVID-19 Symptoms	Other Symptoms
<ul style="list-style-type: none"> • Fever (above 38 °C or 100.4°F) • Cough (new cough or worsening chronic cough) • Shortness of breath or difficulty breathing (new or worsening) • Runny nose • Sore throat 	<ul style="list-style-type: none"> • Chills • Painful swallowing • Stuffy nose • Headache • Muscle or joint aches • Feeling unwell, fatigue or severe exhaustion • Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite) • Loss of sense of smell or taste • Conjunctivitis (pink eye)
<p><i>This is my child. Now what?</i></p>	<p><i>This is my child. Now what?</i></p>
<p>If your child has one of the 'core' COVID-19 symptoms above, they must do the following before returning to school:</p> <ol style="list-style-type: none"> 1) Receive a negative COVID-19 test result and no longer be presenting any symptoms, or 2) Stay home for a minimum 10 days (or longer if they still have symptoms) 	<p>If your child has one of the 'other' illness symptoms above, they must do the following:</p> <ol style="list-style-type: none"> 1) A COVID-19 test is recommended, but not required. The sick person must stay home and minimize contact with others until feeling better. 2) Before returning to school, the sick person must be completely free of all illness symptoms. No student with symptoms will be allowed at school.
<p><i>How do I get my child tested?</i></p>	<p>What does it mean to stay home and self-isolate? www.alberta.ca/isolation.aspx</p>
<p>If your child has one or more of the COVID-19 symptoms above we strongly encourage booking them a COVID-19 Test. This will speed up the return to school process, as the turn-around time for testing are faster than the required 10 day isolation period.</p> <p><i>No official document is required for 'proof' of a negative test result.</i></p> <p><i>In a family with more than one child, only the sick child is required to isolate and be tested.</i></p>	<p>Take the COVID-19 self-assessment test and book an appointment https://myhealth.alberta.ca/journey/covid-19/Pages/COVID-Self-Assessment.aspx</p>

Information for the creation of this document was taken from: COVID-19 in School (K-12) Settings, Symptoms and Testing. Retrieved on Sept 4, 2020 from: <https://www.alberta.ca/covid-19-testing-in-alberta.aspx>

Learn more by visiting our website: www.pallisersd.ab.ca



Responding to Illness

The new public health measures for COVID-19 mean students and staff who are showing any signs of illness, must stay home from school. This visual guide below is intended to clarify current health requirements depending on the symptoms (see [symptoms](#) and [isolation guidelines](#)).

Core COVID-19 Symptoms	Other Symptoms
<ul style="list-style-type: none"> • Fever (above 38 °C or 100.4°F) • Cough (new cough or worsening chronic cough) • Shortness of breath or difficulty breathing (new or worsening) • Runny nose • Sore throat 	<ul style="list-style-type: none"> • Chills • Painful swallowing • Stuffy nose • Headache • Muscle or joint aches • Feeling unwell, fatigue or severe exhaustion • Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite) • Loss of sense of smell or taste • Conjunctivitis (pink eye)
<p><i>Requirements for 'Core' Symptoms</i></p> <p>If any individual has one of the 'Core' COVID-19 symptoms above, they must do the following before returning to school or work:</p> <ol style="list-style-type: none"> 1) Receive a negative COVID-19 test result and no longer be presenting any symptoms, or 2) Stay home for a minimum of 10 days (or longer if they still have symptoms) 	<p><i>Requirements for 'Other' Symptoms</i></p> <p>If any individual has one of the 'Other' illness symptoms above, they must do the following:</p> <ol style="list-style-type: none"> 1) A COVID-19 test is recommended, but not required. The sick person must stay home and minimize contact with others until feeling better. 2) Before returning to school or work, the sick person must be completely free of all illness symptoms. No student with symptoms will be allowed at school.

You Have To Self-Isolate If:

- you test positive for COVID-19.
- you have any symptoms listed in the 'Core' or 'Other' symptoms above (please note the different requirements for each set of symptoms).
- you have been in contact in the last 14 days with someone known to have COVID-19. **AHS will inform close contacts directly.**
- you travelled outside Canada within the last 14 days.

You Do Not Have To Self-Isolate If:

- you have **not** been exposed to someone known to have COVID-19 and you have not travelled outside of Canada within the last 14 days.
- you have tested negative for COVID-19 and have no symptoms of illness.
- you have symptoms of illness that **are related** to a pre-existing illness or health condition, and are not new.
- you are waiting for results and you did not have symptoms when you were tested and do not have any now.
- you are in contact with someone who has symptoms but IS NOT a case of COVID-19.



Attention all Kate Andrews Grade 9 Students

The Coaldale Spartans Atom, Pee Wee and Bantam football program is starting right now! We are looking for players ages 8 – 14 who are interested in trying a new sport. Practices will be Tuesday, Wednesday and Thursday at 5:30 pm at Kate Andrews High school with games happening over the months of September and October. Registration is done through Lethbridge Minor Football association at www.lethbridgeminorfootball.org. Equipment provided by the league consists of helmets and shoulder pads while football pants, cleats and mouthguards are provided by the players.

Practices and games are being held with Covid-19 precautions in place. Coaches are safe tackling certified. Games will either be held at Kate Andrews High School or U of L stadium for home games while away games would be at the host field of the opposing team.

We are happy to be offering an opportunity for young athletes to play on a sports team during this time as many other sports opportunities are not available right now.

You can also contact us through the Coaldale Spartans community Facebook page. We look forward to meeting any new players that may be interested.