

KATE ANDREWS HIGH SCHOOL

2112 – 21 Street, Coaldale, Alberta, Canada T1M 1L9 Phone: 403-345-3383 Fax: 403-345-5767 www.kateandrewshighschool.com



May 2015 Newsletter

March Student of the Month

Our March Student of the month is a focused and determined young woman who is recognized by staff for her strong work ethic and her initiative to complete, to the very best of her ability, whatever task she undertakes.

Academic excellence is very important to this young woman. She was awarded the



highest mark in both English and Social Studies at the 10 and 20 levels. She also

received the highest mark in Financial Management in grade 10. This young woman is very involved with school life at Kate Andrews. She has a great deal of artistic and musical talent which she has had the opportunity to express in a variety of ways. In preparation for our Fine Arts Night she spent 6 hours redoing the Art room walls, transforming the room into a well-organized venue to showcase student talent. Currently she is the leader of our yearbook committee and has spent over 100 hours taking and editing photos for this project. Her artistic creativity has been showcased on the cover of two of our yearbooks. She has played baritone sax in our band for the last four years and enjoyed travelling to perform

with them at Disneyland and other venues. Mr. Hogg really appreciates the leadership she's shown in band this year, and particularly during their recent tour.

Sports are a passion of hers! She played libero for Kate Andrews' volleyball team in grades 9 and 10, doubles badminton in grades 9 and 10, and was part of our track team in grades 9 through 12. She has played soccer through the Coaldale Soccer Association in grades 9 through 12, winning a gold medal in Under 16 soccer and a bronze medal in Under 18 soccer. Volunteering is important to our March Student of the Month. She has coached Under 8 soccer in Coaldale, worked at the Demolition Derby and Candy Parade, and taught Sunday School and Vacation Bible School at her church.

Although her life is very full and busy, this young woman also enjoys putting her creative talents to work on some hobbies. She has a passion for photography and has had photos, that she's taken, published in the newspaper on two occasions. Nail art is another area of expertise and enjoyment for her and she is a certified acrylic nail technician.

After graduation, our March Student of the Month plans to attend Lethbridge College in the Business program. Please congratulate our March Student of the Month, Karly Hertz, daughter of Darcy and Andrea Hertz.



The Kate Andrews drama department produced two one act plays, a comedy titled *Four Little Words* and a drama titled *Fourteen Lines*. While unintentional, choosing plays with the same number in the title has inspired these directors to continue the theme, so here are our four favourite moments working on this show:

- 1. Brent deciding to dance as the farmer from *Four Little Words* in the other play. Took us a moment to figure out what he was doing, but so funny once we did! The students demonstrated excellent comedic timing in the plays as they created characters who do very silly things.
- 2. Watching KAHS students mix, mingle, play games and laugh with kids from other schools at Shed the Mask, which is a drama festival held on April 24 at the University of Lethbridge. Shed the Mask also provided students with the opportunity to attend workshops put on by University and community theatre professionals. It was a great time, and we look forward to having students attend Shed the Mask 2016.
- 3. Listening to our actresses complain bitterly about the lovely dress selections Mr. Schilling made for them. At least this year he didn't buy anything in Extra-Extra Large! (Not to mention the Kenny Rogers shirt that made it in the show!) Part of the fun of producing plays is having students provide input into what they think their characters will wear. It's always enjoyable when students can exercise their creativity.
- 4. Our singing Alanis Morrisette's opus "Wake Up" at the tops of our lungs for the cast during their scene change. Maybe not the most beautiful rendition, but maybe the most fun!

Thank you to our dedicated cast and crew! We have enjoyed working with you and watching you grow as performers. We performed in the One-Act Festival on the evening of April 29, also at the University, and represented KAHS very well. In the words of Jimmy, "When you're theatre crazy, you're good and crazy" – and we know it's true. The productions run the week of April 28 to May 01, tickets are \$7.00 (or free with the KA Cash Card), and show time is at 7:00 pm.



Information for KAHS Grad 2015

For more information check our website under Grad Info.

Convocation rehearsal is on Thursday, June 25 at Southminster United Church, 1011 - 4 Avenue S. Lethbridge at 1:00 pm. All grads must attend this rehearsal.

Convocation is on Friday, June 26, at 2:00 pm. All grads must be at the church by 1:30. This ceremony takes approximately 2 hours.



Please have your baby photos, for the slideshow, in to Mackenzie Kingston as soon as possible if you have not already done so.

Safegrad 2015

Safe Grad will be holding their annual Bottle Drive on Thursday May 21st at 6:00pm. If you plan on attending Safe Grad, we need your help!! Please meet at the school and bring your truck if you have one! Start saving your bottles and cans and if you need them picked up in advance please contact Tricia at 403-345-6463.

Coaldale Dry Grad 2015 - Celebration Party - June 26th

Next meeting: Tuesday, May 26, 2015 at 7:30 pm Location: 2015 21 street, Coaldale Registration Forms for Dry Grad 2015 can be picked up from Nicole Lefler or Mackenzie Kingston. Early Deadline May 31/2015 Check us out at Facebook page - Coaldale Dry Grad 2015 to see what we are all about. **Mission Statement:**

To provide a fun & memorable celebration for the graduating class of KAHS and Pass+.... well planned event that is drug & alcohol free.



SKILLS CANADA UPDATE

Congratulations to our 13 KA competitors. Some will be moving on to Provincials May 13th and 14th in Edmonton.

The competition, held at the Lethbridge College on April 15, was an exciting time for our Kate Andrews students: Evan Wier, Joel Dyck, Caley Lengyel, Tatianna Hagen, Anthony Klasson, Kendra Klasson, Levi Takahashi, Zoey Roelofsen, Marcella Roelofs, Christine Gross, Naomi Van Liere, Amy Janzen and Reanne Bouvier.

Medalists

Culinary	Marcella Roelofs	bronze
Fashion	Christine Gross	gold provincials
Hairstyling	Naomi Van Liere	silver provincials
Braid	Amy Janzen	bronze
Hairstyling Bridal	Reanne Bouvier	gold provincials

All the best to our competitors at provincials.



Track and Field Practices run Tuesdays and Thursdays from 3:30-4:30

Senior High Track and Field District Meet on May 14th at 4:00 pm at Coalhurst High School

LSAA Grade 9 Track and Field Meet May 21st at the U of L

Senior High Track Zones May 26th at the U of L

LSAA Grade 9 Track and Field Zones June 3rd at the U of L

Senior High Track and Field Provincials June 5th and 6th at the U of L

HOCKEY ACADEMY



Plans are being finalized for this fall's Kate Andrews Hockey Academy. Bruce Bell will return to run the on ice portion of the program with assistance from Mr. Holland. Registrations will be taken in early May, and interested parents and students can email or pick up registration packages from Mr. Holland. Feel free to email or call Mr. Holland if you have any questions.

Boys Baseball and Girls Slo-pitch

Baseball and Slo-pitch seasons are well underway. KA fields one boys baseball team and 3 girls slo-pitch teams. For a complete list of games for all teams, please visit:



www.kateandrewshighschool.com/athletics

A highlight of the season will take place on Saturday, May 9th. The JV/SR slo-pitch teams will be hosting their home tournament. Games start at 9:00 with the final scheduled for 4:30 pm. The boys baseball team will also be hosting Myers and PBHS on that day. The KA boys play games at 9:30 am and 2:30 pm. Head on out to the quads to cheer on your KA teams and hope for great weather.

Football Spring Camp



Kate Andrews Pride Football will be running a free spring camp from May 25-28 and June 1-4. This camp is free of charge, but students do need to return a permission form to Mr. Holland by May 14th.

Students thinking about playing football have this opportunity to try it out before making a decision about playing in the fall. For more information, feel free to contact Mr. Holland.

Badminton

A big thanks to all students who represented KA in badminton districts and zones. Congratulations to the following students who advances to zones:

Joey Hinton - Sr Boys Singles Logan Siebert and Preston Bloos - Sr Boys Doubles Brock Palmer - JR Boys Singles



WE CREATE CHANGE is BACK!

Supporting in 2014-15 THE YEAR OF

EMPO<mark>WE</mark>RMENT



Show your belief that every girl and woman overseas should have the opportunity to empower themselves!

Money raised to date:

<u>\$4100.00</u>

School Goal = **\$5,000.00**

Goats Purchased = 82

School Goal = 100





Healthy Teens Parent Newsletter May 2015

Talking to Your Teen About Sex and Sexuality

For many parents, talking to their teen about sexuality and sexual health can be challenging and sometimes uncomfortable. There are several reasons why parents may feel this way. Some parents aren't confident in their knowledge of sexual health, some are unsure about what is appropriate to discuss with their teen, and some simply don't know how to start the conversation.

Alberta Health Services understands these challenges and has created the website <u>teachingsexualhealth.ca</u> to help you find the information you need to keep the conversation going with your teen. The Parent portal of the website offers the following:

- Tips on how to discuss relationships, sexuality and sexual health with your child.
- Explanations of why and how to talk to your teen about topics like sexual diversity and bullying.
- Outlines of the sexual health curriculum from grade 4 to grade 12.
- Webisodes (videos) that give examples of how to answer your teen's questions about sex and sexuality.
- Links to reliable resources and community agencies in your area of Alberta.

In school, your teen will learn about a wide range of topics; including the human reproductive process the elements of a healthy relationship, the different types of birth control, and much more. Research on sexual health education has shown that teens with more knowledge about sexual health make more informed decisions, are less likely to take part in risky sexual behaviour, are at less risk of sexually transmitted infections and unwanted pregnancy, and often delay sexual intercourse.

Bring the conversation of sexual health into your home for the benefit of your teen's health and development. We encourage you to check out what <u>teachingsexualhealth.ca</u> has to offer!

Tips for a Safe Graduation Celebration

High school graduation is just around the corner. Graduation celebrations can be full of joy and excitement; however, they can also bring your teen face to face with risky situations such as underage drinking, impaired driving or riding with an impaired driver. In order to help your teen stay safe during grad, communication is crucial. Have an honest and supportive discussion with your teen about the risks. Clearly explain to them that it is illegal for teens younger than 18 to purchase, possess or consume alcohol. The following smart risk strategies can help your teen manage the risks during grad season, especially on the evening of grad celebrations.

- Look First. If your teen has their licence and is planning to drive, they should ensure that they are seated safely in their vehicle and can see the road clearly before driving. If they are allowed to drive at night, urge them to pay extra attention as the risk for crash increases after dark.
- Buckle Up. Your teen must always use their seatbelt and ensure that there are enough seatbelts for all passengers
 in the car. People who don't use seatbelts are three times more likely to be injured than people who use seatbelts.
- Drive Sober. Your teen must always be completely in control of their mind and body when driving. This means driving without any alcohol or drugs in their system, not being tired and not being distracted by their cell phones or passengers.
- Seek Help. Encourage and support your teen to seek help from trusted adults like you, when they feel that they are in an unsafe situation. Encourage them to call you at any time if they need a safe ride home or for any other reason. Always respond to you teens call for help.

For more information about teenage injury prevention visit: <u>http://www.albertahealthservices.ca/InjuryPrevention/hi-ip-pipt-smart-risk-ahs-approach-teen-risk-mgmnt.pdf</u>

To find an electronic copy of this newsletter, visit: www.albertahealthservices.ca/csh.asp



	Monday, May 11 th , 2014 (Day 3)					
Time	Subject	Room	Supervisor			
9:00-	LA PAT (60)	Comp. room	Wornell/Hanna			
11:30		212	Horlacher/Langhofer			
		213	Roelofs/Ronovsky			
	Accommodations(15)	Library	Andre			
	ENGLISH AND SOCIAL STUDIES PART "A"					
		Friday, June 12, 2015 (Day 1	.)			
Time	Subject	Room	Supervisor			
9:00 - 12:00	English 30-1 Part A (21) English 30-2 Part A (9)	Comp. Room 209	P1. Hanna P2. Langhofer P3. Baraniecki P4. Alexander			
9:00 - 3:00	Accommodation (6)	Library Laptop Cart 3	Andre			

KAHS 2015 June Final Exam Schedule

	Monday, June15, 2014 (Day 2)					
Time	Subject	Room		Supervisor		
9:00 - 12:00 (11:30)	Social Studies 30-1 (12) Social Studies 30-2 (13)	Comp. Room 209		P1.Hogg P2. Wornell		
8:45 – 2:00	Accommodations (3)	Library Laptop Cart 3		Andre		

ENGLISH AND SOCIAL STUDIES PART "B"

Wednesday June 17 th (Day 4)					
Time	Subject	Room	Supervisor		
9:00 - 12:00 (30)	English 30-1 Part B (21) English 30-2 Part B (9)	Gym	P1. Swen & Hanna P2. Wornell & Pritchard		
9:00-3:00	Accommodations (6)	203	Andre		
Thursday June 18 th (Day 1)					
Time	Subject	Room	Supervisor		
9:00 - 11:30 (25)	Social 30-1- (12) Social 30-2- (13)	Gym	P1.Pritchard & Roelofs P2.Langhofer &Arroyo		
			Andre		
9:00-3:00	Accommodations (3)	203	7 marc		

	Friday, June	19 th , 2015	
Time	Subject	Room	Supervisor
:00 - 11:30	Social 9 PAT (29)		Wornell
.00 - 11.50	Social 10-1(33)	Gym	Gibson
(104)	Social 20-1(19)	Gym	Fritschy
(104)	Social 20-2 (23)		Wetmore
			weiniore
9:00-3:00	Accommodations (10)	Computer lab	Ronovsky
5.00 5.00		_	Holland
	Monday, June	22 nd , 2015	
Time	Subject	Room	Supervisor
	Biology 30 (11)		Schilling
	English 10-1(26)		Oikawa
:00 - 11:30	English 10-2(20)	Gym	Wetmore
(99)	English 20-1(33)		Langhofer
	English 20-2(9)		
			Gibson
9:00-3:00	Accommodations	Computer lab	Hogg
	Tuesday, June	22 rd 2015	88
Time	Subject	Room	Supervisor
THIC	Subject	KUUIII	Supervisor
			Ronovsky
9:00 - 11:30	Science 9 PAT (31)		Terakita
(105)	Chemistry 30 (27)	Gym	Horlacher
	Science 10 (47)		Swen
a aa a aa		a	Holland
9:00-2:00	Accommodations	Computer lab	Hogg
	Tuesday, June 23	3 rd , 2015 (pm)	
Time	Subject	Room	Supervisor
	9		•
12:30-3:00	Physics 20 (21)	Gym	Alexander
(21)			Hierath
	Wednesday, June	24 th , 2015 (am)	
Time	Subject	Room	Supervisor
			Hanna
	Mathematics 30-1 & 30-2 (45)		Terakita
9:00-12:00	Mathematics 9 PAT (60)	Gym	Horlacher
(118)	Biology 20 (13)	Cym	Schilling
			Semming
			Hogg
0.00.0.00		~ · · ·	Langhofer
9:00-2:00	Accommodations (15)	Computer lab	
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Wednesday, June 24 th , 2015 (pm)							
Time	Subject	Room	Supervisor				
12:30–3:00 (93)	Maths 10C (9) Maths 20-1 (25) Maths 20-2 (16) Maths 20-3(18) Chemistry 20 (25)	Gym	Baraniecki Holland Alexander Hierath				
12:00-3:00	Accommodations	Computer lab	Roelofs Wetmore				
	Thursday, June 25 th , 2015						
Time	Subject	Room	Supervisor				
9:00–11:30 (60)	English 9 PAT (60)	Gym	Swen Baraniecki Oikawa Roelofs				
9:00-2:00	Accommodations (15)	Computer lab	Wornell Hanna				

KAHS 2015 June Final Exam Schedule