

KATE ANDREWS HIGH SCHOOL

JANUARY 2020 NEWSLETTER

WELCOME BACK!

We'd like to welcome all of our students and their families back to KAHS after the holiday break. We hope you all had a restful break filled with friends and family. It's been a great but busy week as we have begun to prepare for final and Diploma exams as Semester 1 wraps up at the end of this month.

FINAL EXAMS & SEMESTER 2

The **LAST DAY of Semester 1 classes is Friday, January 17th**. Final and Diploma Exams will be held in the gymnasium from **January 20th through January 29th** (*with the exception of Part A English and Social Studies Diploma Exams, which will be held on January 13th and 14th*). A detailed Exam Schedule is attached to this newsletter, on our website and printed copies are available from the office.

Semester 2 begins on Monday, February 3rd. Please note that all school fees from Semester 1 must be paid and textbooks from Semester 1 courses must be returned before students will be allowed to get text books for Semester 2 classes.

JANUARY 2020 - TEXTBOOK RETURNS

When: January 17th to Tuesday, January 29th

Where: Textbook Room (next to room 110)

Times: 8:30 – 9:00 a.m.

Why: Mrs. Wittebolle needs your books back so that they can be used again next semester AND you don't get any textbooks for the start of the next semester until they are returned.

*You will receive an email, sent to **your school email account**, before exams start with a list of ALL of the books you have signed out. This will have books from both the library and the textbook room.*

CTS Textbooks

If you are finished with the textbooks or duotangs for your CTS courses you are more than welcome to return the books before exam week to Mrs. Wittebolle in the library.

Semester 2 Textbook Pick Up

Mrs. Wittebolle will be handing out textbooks on **February 3rd and February 4th** in the textbook room. She will call classes down and hand students all of their books at once. **All first semester fees must be paid and all textbooks must be returned in order to get 2nd semester textbooks.**

BOOSTER JUICE VOUCHERS



Band students are currently raising funds for their upcoming music trip by selling Booster Juice vouchers. Vouchers are sold for **\$5.50 each** and are good for one regular sized smoothie. Not only do you save money with each voucher, you support a great cause, since \$1.25 from each voucher sold goes directly towards the band trip.

We are excited that we can now offer the Power School Parent/Student Portal as a way to view student grades and attendance online, LIVE! This means that you can now see if your student is marked late or absent from class, and even have a notification sent right to your phone the instant that your student is marked absent by the teacher. You now have a live link to your student's current grades as well as seeing if they have any missing assignments.

We include letters with Parent Access Codes and instructions with student registration packages at the beginning of school. If you did not receive yours or are having any difficulties in setting up your account or linking students to your account, please contact our office so that we can help you.

There are detailed instructions creating your account as well as linking additional students to your account (i.e. if you have more than one child in Palliser Regional Schools) on our website under the Power School Portal Link at the top of the page.

Now that we are LIVE with the PowerSchool Parent Portal, we will not be sending out quarterly, hard copy report cards. If parents require a hard copy report card, they may contact the school office to make arrangements to come in and pick it up.

Please contact our office for assistance in setting up your account if you are having trouble.

GRAD PHOTOS

Grad Photos will take place in the KA Drama Room from February 24th through February 26th. These photos are booked directly through Lifetouch on their website at www.lifetouch.ca/southernalberta or by phoning 403-327-2658.

Sessions will be 30 minutes long and the sitting fee is \$40.00 To book your appointment, go to www.lifetouch.ca/southernalberta. If you have any questions or concerns, please contact Lifetouch at 403-327-2658.

Every Grad must have a photo taken, even if they do not plan to purchase a package from the Lifetouch so that they can be included in the Yearbook and the 2019 Class Composite. If you do not wish to pay the \$40 sitting fee/do not wish to purchase any grad portraits, please contact the Lifetouch office to set up a quick (5 minute or less) appointment so you can be included.

Further information will be sent to your school email account, so keep an eye out for it!

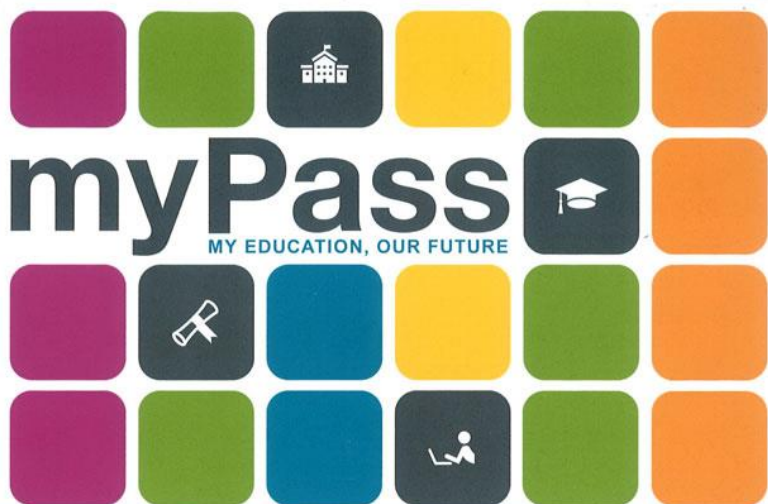


Hey Grade 12's! Are You interested in being a police officer? Apply for your chance to train like a Mountie for a week! We're accepting applications for National Youth Engagement Week, March 23-27, 2020. To request an application go to our website: <http://www.rcmp-grc.gc.ca/en/national-youth-engagement-week>




Any students, especially Grade 12's who would like to discuss credits and post-secondary plans should see Miss Meurs as soon as possible. Please email her at jo-anna.meurs@pallisersd.ab.ca to set up an appointment.

Planning for Grad 2020 will get underway soon! WATCH YOUR KA EMAIL FOR ALL GRAD RELATED INFORMATION!



Diploma Exam Marks


To get your Diploma Exam results, you must register with Alberta Education through myPass. This is also how you will request high school transcripts, so it is very **IMPORTANT!** (Transcripts are not obtained from your high school – they are obtained from Alberta Education.) There is a link to myPass on the KA website or you can go to mypass.alberta.ca.



myPass is an Alberta Education secure self-service website for high school students to:

- ✓ View and print diploma exam results statements
- ✓ Order transcripts
- ✓ And more

Visit mypass.alberta.ca to request access.



myPass gives you access to your Diploma exam marks weeks before the KA office receives them. It also gives you access to many other important AB Education functions that are not available through high schools. Register as soon as possible!



KA AHLETICS HOCKEY GAME FUNDRAISER

(KA Hockey Academy vs the Coaldale Emergency Services Guns & Hoses)



VS



Wednesday, January 8th @ 6:15pm @ the Coaldale Sportsplex

- Tickets available from the KA Office
- 50/50, Puck Toss, Raffle/Silent Auction
- Funds raised will go towards KA Athletics

The Lethbridge College semi-annual Junior and Senior High Appreciation Night is swiftly approaching!

The Lethbridge College Kodiaks Basketball teams will be taking on the Red Deer College Kings & Queens on January 24th and you're invited to help us cheer them on! All junior and senior high students will receive free admission to the game, enjoy fantastic food on us (beef on a bun, chips, pop, and a cookie), and be entered to win a number of amazing prizes including one of four Kodiaks Summer Sports Camps valued at \$190 each!

While it is not mandatory to pre-register, it is encouraged and a great way to skip the lines on the day of the event, **this is also one of the ways attendees can win a camp package, as we will be drawing one winner from pre-registered guests.** Please feel free to distribute this information to any of your school athletics coaches for their teams, as well as any of your students. This is a great event for your students who are interested in Lethbridge College to get a feel for the campus environment! Coaches and chaperones do not need to register, only Jr/Sr High students.

Junior & Senior High Appreciation Night

Date: Friday, Jan. 24, 2020

Time: 5 p.m. to 9 p.m.

Where: Val Matteotti Gymnasium, Lethbridge College

Register at: <https://lethbridgecollege.ca/jan24>



County of Lethbridge Community Learning Council



Lifelong Learning.....It's our business

403-345-6009

2014 - 18 Street, Coaldale, AB

Adult Learning Opportunities in Lethbridge County:

- FREE English language tutor program
- English classes
- Computer classes
- Safe Food Handling courses
- First Aid courses
- Sign language basics class
- Resume, job search and application assistance



COMMUNITY ADULT
LEARNING PROGRAM

funded by



Advanced Education

Check out our brochure of classes
which can be found at your local library
and on our website: communityclasses.ca

 @countyclasses

 @countyclasses

BABYSITTER COURSE

Be Prepared.



Coaldale

This course is intended for youths 11 - 17 years of age who want to look after infants and young children. Participants will learn basic skills which will prepare them to deal with emergency situations plus general principles of caring for infants and young children. Students will receive a manual and a certificate. **Please bring a bagged lunch, water bottle and paper & pen**

Saturday, March 7 ~ Coaldale Public Library ~ 9 am - 4 pm

Please contact The County of Lethbridge Community Learning Council
to register by February 27 Cost \$60

403-345-6009 ~ communityclasses.ca ~ 2014 - 18 Street, Coaldale



“WE” WEDS

\$6.00 LUNCHEES!

Courtesy of “WE” Create Change



Weds. Jan. 8th



Taco in a bag with your choice of a pop/water



Weds. Jan. 15th



Hamburger, pop/water & bag of chips

FREE THE CHILDREN

ME TO WE

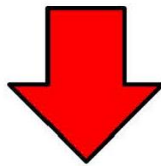
WE DAY

This year Kate Andrews
“WE CREATE CHANGE”

has chosen the
two **GLOBAL** pillars of

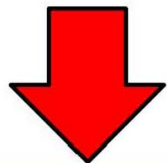
EDUCATION and **HEALTH**
to raise funds for!

GOAL



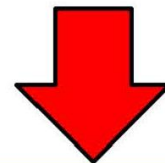
\$2500.00

Money raised thus far:



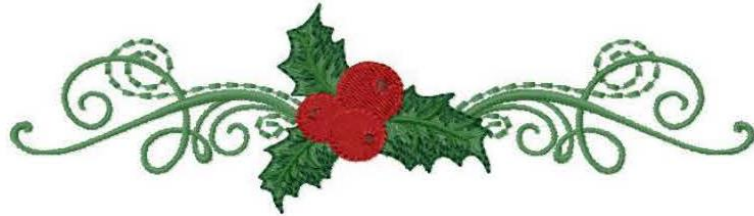
Education

\$750.00



Health

\$750.00



Hampers of Hope

December 2019

A Huge Thank **YOU!**

Due to the overwhelming support from the Kate Andrews staff, students and community who supported **"giving where they live"**, we were able to sponsor 4 families with our **"Hampers of Hope"** again this year. A heartfelt thanks to all who helped to give the **GIFT** of Christmas.



Families Enjoying a Brighter Christmas...**PRICELESS!**



KAHS EXAM SCHEDULE, JANUARY 2020

Monday, Jan 13		
9:00-3:00	English 30-1 Part A DIPLOMA	Computer lab
	English 30-2 Part A DIPLOMA	Room 105
Tuesday, Jan 14		
9:00-3:00	Social Studies 30-2 Part A DIPLOMA	Computer lab
Monday, Jan 20		
9:00-3:00	English 10-1	Gym
	English 20-1	
	English 20-2	
	Students requiring a reader	Computer lab
Tuesday, Jan 21		
9:00-3:00	Biology 20	Gym
	Science 10	
9:00-12:00	ELA 9 Midterm	9A- 202
		9B- 203
		9C- 204
		9D-205
	Students requiring a reader	Computer Lab
Wednesday, Jan 22		
9:00-3:00	Math 30-1 DIPLOMA	Gym
	Chemistry 20	
	Social Studies 10-1	Computer Lab
	Students requiring a reader	
Thursday, Jan 23		
9:00-3:00	English 30-1 Part B DIPLOMA	Gym
	English 30-2 Part B DIPLOMA	
	Social 20-1	
	Social 20-2	
	Students requiring a reader	Computer lab
9:00-1:00	Math 9 Midterm	9A- 202
		9B- 203
		9C- 204
		9D- 205
	Students requiring a reader	Computer Lab
Friday, Jan 24		
9:00-2:00	Social Studies 30-2 Part B DIPLOMA	Gym
9:00-3:00	Math 10 C	
	Physics 20	
	Students requiring a reader	Computer lab
Monday, Jan 27		
9:00-3:00	Biology 30 DIPLOMA	Gym
	Math 20-1	
	Students requiring a reader	Computer lab
Tuesday, January 28		
9:00-12:10	Science 9 and K&E PAT	9A-202
		9C-203
	Students requiring a reader	Computer lab
Wednesday, Jan 29		
9:00-12:00	Social Studies 9 and K&E PAT	9B- 202
		9D-203
9:00-3:00	Physics 30 DIPLOMA	Gym
	Students requiring a reader	Computer lab

KAHS January 2020 Final Exam RULES

The LAST DAY of Semester 1 classes is Friday, January 17, 2020.

Students who are scheduled to write **English 30-1, or 30-2 Part A DIPLOMA EXAMS on January 13th and Social Studies 30-2, Part A on January 14th** will be excused from all classes on that day. However, they are welcome to attend afternoon classes if they are finished their exams.

ALL students scheduled to write a final exam **MUST** be present at the scheduled time unless prior arrangements have been made with the teacher. A student who misses an exam due to illness **MUST** report the illness to the teacher immediately, **AND** produce written verification from his/her doctor (in the case of a Diploma exam).

Students should be in place for their exams 15 minutes prior to the exam start time. Diploma exam students may **NOT** leave the exam room until 1 hour after the exam start time.

STUDENTS ARRIVING ONE HOUR AFTER THE EXAM START TIME, WILL NOT BE ALLOWED TO WRITE THE EXAM.

Grade 9 exams will be written in classrooms. Grade 10-12 exams will be written in the gym.

Students who require the exam to be read to them will write exams in the Computer Lab.

Textbook returns will be possible between 8:30 and 9:00 on each final exam day from January 20th to January 29th. Students should deliver ***their own textbooks*** to the **BOOKROOM** immediately prior to writing the subject exam the text was used for.

For detailed information about DIPLOMA EXAMS including rules and practice guides please visit:

<https://education.alberta.ca/writing-diploma-exams/about-grade-12-diploma-exams/>

This information is also available on-line at kateandrewshighschool.com



Coaldale & District
Chamber of Commerce Presents

39th Annual
**Awards & Appreciation
& Banquet**

ACCEPTING NOMINATIONS

FOR OUTSTANDING ACHIEVEMENT

Deadline January 31, 2020

Coaldale Chamber

- Business of the year
- Customer service award
- Citizen of the year
- Group citizens award
- Special tribute

Town of Coaldale

- Male athlete of the year
- Female athlete of the year
- Arts or recreation leader of the year
- Community artist of the year
- Environmental excellence award
- Youth citizen of the year

**Nomination forms with info on award criteria
are available online at coaldalechamber.com**

For more information, please contact the Coaldale Chamber office 403-345-2358



EPIC

Exploring Possible Industry & Careers

Open to students in Grades 10-12

EXPLORE UP TO 100 OCCUPATIONS IN

ENVIRONMENT & AGRICULTURE

HEALTH STEM TRADES



**CAREER
TRANSITIONS**



02.12.2020

Talk to your career practitioner about attending EPIC

looking for more info?

VISIT: www.careersteps.ca/epic
 (403) 328-3996



Verna J. Kirkness Science and Engineering Program

The Verna J. Kirkness Science and Engineering Education Program addresses the under-representation of First Nations, Métis and Inuit students at Canadian universities. One of the factors contributing to this is the lack of academic role models for these students. The Foundation addresses this by offering scholarships to Indigenous grade 11 students to spend a week at a Canadian university interacting with scientists in their research laboratories. During their week on campus the students have the opportunity to meet role models, learn about the support systems that are available to them on campus and experience the excitement of doing research.

Deadline to Apply is January 20, 2020

<http://www.vernajkirkness.org/program-description/>



Green & Gold Getaway is an exclusive event open to **Grade 11 students** from across Alberta. **Twenty** lucky students will be selected to visit our UofA's North Campus in Edmonton from **May 22-24, 2020**.

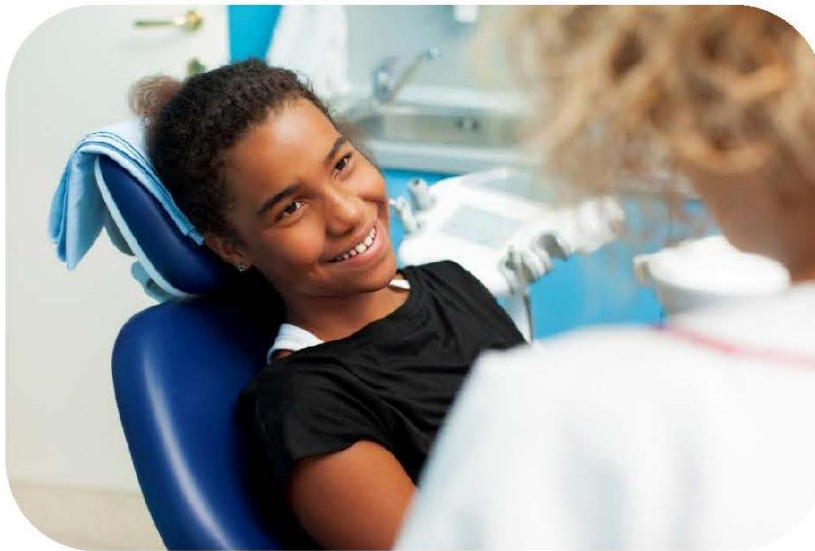
This is an opportunity to test-drive a Top 5 Canadian University, and to see first-hand if Edmonton and the University of Alberta are the right fit for you. If selected, your experience will include accommodations, travel expense reimbursement and a whirlwind weekend of exciting events both on campus and in Edmonton.

Applications will be accepted until the of the day on **January 26, 2020**.

<https://www.ualberta.ca/admissions/undergraduate/tours-and-events/green-and-gold-getaway>

Healthy Teens

January 2020 Parent Newsletter



Articles

Protecting Your Teen's Teeth

Being Mentally Healthy

Protecting Your Teen's Teeth

By now your teen has most of their adult teeth so keeping them healthy is important. They do not get another chance with these jewels, but they can protect them with these easy tips:

- **Limit sugar intake.** Sweetened snacks and drinks can cause tooth decay, especially when the sugar stays in the mouth.
 - **Choose healthy snacks.** Even when on the go, be sure to choose nutritious and tooth-friendly snacks like apples, carrot sticks and cheese.
 - **Learn quick tricks.** Small efforts can go a long way to keeping teeth healthy.
- Encourage your teen to:
- Keep a toothbrush in their locker or backpack and brush when they have time
 - Rinse with water after sugary treats
 - Chew sugarless gum with xylitol (a natural sweetener) after meals and snacks
 - Drink water to quench thirst
- **Avoid injury to teeth.** Mouth guards, seatbelts and face shields can help protect teeth. Dental piercings, using teeth to open items, and chewing on hard objects can cause injury and should be avoided.

Bacteria are becoming more resistant to the drugs we treat the disease with (antibiotics). Vaccination decreases the impact of this by preventing people from becoming infected with those resistant germs. Vaccination also means we don't have to treat people as often with antibiotics. For more information visit:

<http://www.who.int/bulletin/volumes/86/2/07-040089/en/>



To find an electronic copy of this newsletter visit www.ahs.ca/csh

Healthy Teens

January 2020 Parent Newsletter

Being Mentally Healthy

The terms mental health and mental illness are often used to mean the same thing, but in reality, they are different. Everyone has mental health; not everyone has a mental illness like depression. Having good mental health helps us manage our emotions, care about others and cope with problems. It's important for kids and adults alike.

The importance of learning social and emotional skills that help keep us mentally healthy are sometimes overlooked at school because of the emphasis on academic success. However, research shows a strong link between having social emotional skills, being resilient and having school success. Children who have developed social and emotional skills find it easier to manage themselves related to others, resolve conflict, do better in school and feel positive about themselves and the world around them. Family life is our first "classroom" for social and



emotional learning. As a parent, you can be a strong positive influence on your teen's social and emotional growth and you can reflect and build on your own skills, helping you and your teen in the process. Here are 5 areas you and your teen can learn more about and work to improve.

Self-awareness: Know your emotions and recognize their impact on your behaviour.

Self-management: Know how to control your emotions and behaviours in challenging times and how to set and work towards goals.

Social awareness: Understand, respect and have empathy for all people and their perspectives.

Relationship skills: Know how to establish healthy relationships with others by communicating clearly, listening, cooperating, managing conflict, resisting peer pressure and seeking and offering help.

Responsible decision making: Understand how your choices impact you and others.

Adapted from www.parenttoolkit.com and www.casel.org

To find an electronic copy of this newsletter, visit www.ahs.ca/csh



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1	2	3	4
5	6 Staff & Students Return to Classes	7 <p>\$3 /slice \$5 /2 slices</p>	8 \$6 WE LUNCH Taco in a Bag 	9	10	11
12	13 English 3D-1 Part A Diploma Exam	14 <p>\$3 /slice \$5 /2 slices</p> <p>Social Studies 3D-1 & 3D-2 Part A Diploma Exam</p>	15 \$6 WE LUNCH Hamburger 	16	17 Last Day of Semester 1 Classes Parent Portal Closes until January 31	18
19	20 NO CLASSES Final Exams	21 NO CLASSES Final Exams	22 NO CLASSES Final Exams	23 NO CLASSES Final Exams	24 Final Exams JV Basketball Tournament 	25
26	27 NO CLASSES Final Exams	28 NO CLASSES Final Exams	29 NO CLASSES Final Exams	30 NO CLASSES	31 NO CLASSES	

