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KATE ANDREWS HIGH SCHOOL

NEWSLETTER

www.kateandrewshighschool.com

FEBRUARY

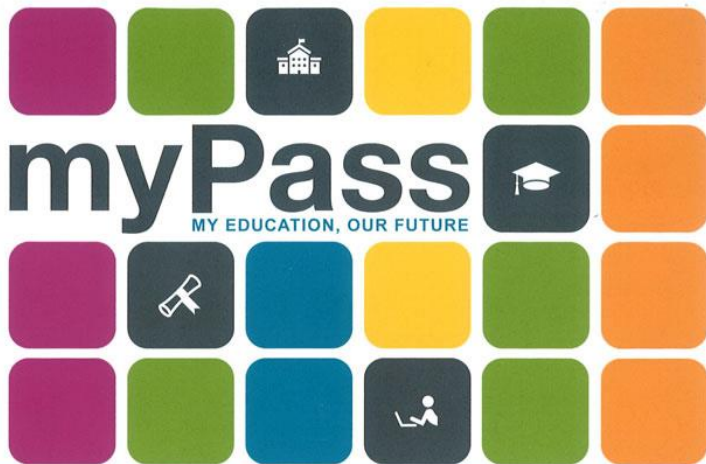


Semester 1 Report Cards

Semester 1 **REPORT CARDS** will be given to students in their Advisor Period on February 6. Report Cards will not be mailed home. Grades from Semester 1 will be viewable in the PowerSchool Parent Portal on February 6th. Students are now able to log into their own Student Portal using their log-in name and password that they use to log into a Palliser Computer.

Diploma Exam Marks

Alberta Education no longer mails out Diploma Exam results. In order to find out your Diploma Exam results you will need to visit myPass.alberta.ca.



myPass
MY EDUCATION, OUR FUTURE

myPass is an Alberta Education secure self-service website for high school students to:

- ✓ View and print diploma exam results statements
- ✓ Order transcripts
- ✓ And more

Visit myPass.alberta.ca to request access.



Did you know Kate Andrews now has a fundraising society? The Kate Andrews Pride Society (KAPS) was formed to raise money for the needs of KATHS and its students. We'd love to have more members! At the moment we need someone to take on the role of *treasurer* and people to sign up to be members. If you'd like to help out, contact Sherrie Duda (rsdudaa@telusplanet.net).

The next KA School Council Meeting will be held on **March 25th** at 7 pm in the KA Conference Room. All parents are welcome to attend.

Planning for Grad 2019 will be getting underway in the coming weeks. Please keep an eye on the GRAD page, on the Kate Andrews High School web page for up to date information regarding Grad. Students should also check their school email regularly for Grad information.

Staff from KAHS have no affiliation with planning parties such as Dry Grad or Safe Grad. Both of these events are planned completely independently of the school, by parent and student volunteers. The following is being shared for the sake of information sharing only. If you have questions regarding either of these events, please contact the parent volunteers as indicated.

Safe Grad: Debbie Tersteeg/ tersteeg@telus.et or text 403-332-2182

Dry Grad: Sharon Niewenhuis/ dsnkids@telus.net. Plans for a fun filled Dry Grad Party are underway! We will be having a meeting on February 18th at 7pm at 2131 30A Avenue, Coaldale. This meeting is open to all Grads, Grade 11 students and their parents. Come and help us plan your party! For more information, please follow us on *Instagram (coaldale_drygrad_2019)* or *Facebook (Coaldale Dry Grad 2019)* or contact Sharon as described above.

GRAD PORTRAITS

Individual Grad Photos will be taken on **February 25th – 28th** in the Drama Room from 8:00 a.m. – 3:30 p.m.

Sessions will be 30 minutes long and the sitting fee is \$40.00 To book your appointment, go to www.lifetouch.ca/southernalberta. If you have any questions or concerns, please contact Lifetouch at 403-327-2658.

Every Grad must have a photo taken, even if they do not plan to purchase a package from the Lifetouch so that they can be included in the Yearbook and the 2019 Class Composite. If you do not wish to pay the \$40 sitting fee/do not wish to purchase any grad portraits, please contact the Lifetouch office to set up a quick (5 minute or less) appointment so you can be included.

Further information is available on the Lifetouch website or from the KAHS office.



BAND FUNDRAISERS

The band students are currently selling **Booster Juice Vouchers**. The vouchers are **\$5.50 each** and are valid for one 710 ml regular smoothie - a savings of over \$1 as opposed to paying regular price! \$1.25 from each voucher goes towards the band trip in April where band members will travel to Banff to participate in a series of master classes with a guest conductor.



Band students are currently selling **Kernels popcorn** bags to help with their annual band trip. Individual bags are **\$2.25 each** and come in ten delicious flavours. Please talk to a band member or Mr. Godin for more details or to order.



Money raised from these fundraisers will help band students to attend the Cantando Music Festival in Edmonton from April 6-9!

Start the Celebration - Coaldale is 100

Celebrate with an afternoon of live music.



Saturday, February 23
2 to 5:30 p.m.

Gem of the West Museum

Featuring *Uncovered*
& Coaldale's own
Good Time Charlie

A fun time for the whole family.
Admission is just \$5,
children 12 & under are FREE
Purchase tickets online
at www.coaldale.ca/programs
or at the Town Office.

A limited number of tickets available at the door.
Patter's Perogies, Poutine & Pie food truck on site.



KA AHLETICS HOCKEY GAME FUNDRAISER

(KA Hockey Academy vs the Coaldale Emergency Services Guns & Hoses)

\$5
TICKETS



VS



Wednesday, February 13th @ 6:30pm @ the Coaldale Sportsplex

Tickets available from the KA Office or the Town of Coaldale office

50/50, Puck Toss, Raffle/Silent Auction

Funds raised will go towards KA Athletics

Come out to watch a great, FUN hockey game, starring KA Hockey Academy students, as well as some local talent from the Coaldale Emergency Services and RCMP! All funds raised will go towards Athletic programs at Kate Andrews High School.

Tickets are \$5 each, and available from the Town of Coaldale or the Kate Andrews High School office.

Two lucky fans will get a chance to **Shoot to Win \$10,000!**

(policy courtesy of C.V. Benefits).



There will also be a 50/50 draw, raffle prizes and a puck toss!

JOINT MULTI-USE RECREATION FACILITY/HIGH SCHOOL

The town of Coaldale will be hosting one more information meeting on February 12th at the HUB from 4:30 – 7:30pm to discuss details on the site that has been chosen. Representatives from Palliser will also be there to answer questions regarding the education aspect of the project.

The information that shared at the session is available on the Town of Coaldale and the KAHS websites, as well as in paper format from the Town of Coaldale office. Please contact the Town Office at 403-345-1300 or email engage@coaldale.ca.

Any students, especially Grade 12's who would like to discuss credits and post-secondary plans should see Miss Meurs as soon as possible. Please email her at jo-anna.meurs@pallisersd.ab.ca to set up an appointment.



“WE” WEDS \$6.00 LUNCHES!



Weds. Feb. 6th

Hamburger, pop/water & bag of chips



Weds. Feb. 13th

Hotdog/Chili dog, pop/water & bag of chips



Weds. Feb. 27th

Pulled Pork Bun, pop/water, bag of chips



Brought to you by KAHS's...  **Create Change!**



KAHS WE CREATE CHANGE

AID FOR DOMINICA

BASIC MEDICAL SUPPLIES, BOOKS,
FOOD, COMPUTERS

HURRICANE MARIA HAS LEFT
DOMINICA IN A STATE OF TURMOIL



HELP **KAHS WECREATECHANGE** RAISE
MONEY TO SEND RELIEF TO DOMINICA

COALDALE IS 100!

Celebrate at the 15th Annual Community Fest

Family Day

Feb. 18, 2019

Activities

Centennial Selfie Booth

Ima - Coaldale Mascot

Skating • Face Painters

Glitter Tattoos

Balloon artist

Hay Rides • Crafts

Petland Petting Zoo

Games Room

Laser Tag

Centennial Owl

Food

Popcorn

Fire pit & Smores

Beef on a Bun

Hot dogs

Hot chocolate



Watch for Event Schedules around town

“Thank you to all of our community sponsors & volunteers who make this annual event possible in Coaldale.”

Healthy Teens

February 2019 Parent Newsletter



What if I Think My Teen is Experimenting with Drugs?

Many young people will try alcohol, tobacco, cannabis or other drugs at some point in their lives. Experimentation is a natural part of growing up. However, using any drug is still illegal for minors and is harmful to young brains and bodies. What can you do to support your teen?

Communicate: Keep lines of communication open with your teens. Ask questions, make it safe for them to ask you questions, and learn as much as you can about the risks and consequences of using mind-altering substances. Tell your teen the truth about the consequences.

Know the signs: Changes in school performance, attitudes

towards sports and other activities, changes in weight, eating or sleeping habits and changes in friends may signal alcohol or drug use or abuse.

Talk about the changes: Talk to your teen about the changes you see in them. Use concrete examples of these changes. Explain your concerns in non-judgmental terms. Avoid assumptions; ask them why they think the changes are happening instead of assuming that they are using drugs.

Stay connected: By knowing where your kids are, what they are doing and who they are hanging out with, you increase the chances they will not become harmfully involved with drugs.

Articles

What if I Think My Teen is Experimenting with Drugs?

Parents Matter: Getting involved in your teens school experience

One of the most common things that people identify as a benefit of smoking is stress relief. But did you know that many studies show that smoking can actually increase stress? What smoking does is relieve nicotine withdrawal symptoms, which can be stressful, but this is only short term.

Quitting is hard, but it is easier with help. You can call AlbertaQuits at 1-866-710-QUIT or visit www.AlbertaQuits.ca



Alberta Health
Services

Healthy Teens

February 2019 Parent Newsletter

Parents Matter: Getting involved in your teen's school experience

As your teen grows, you may feel like you need to back away from their school experience. Keep in mind there's a fine line between encouraging their independence and separating yourself from the school altogether! Research confirms that it's a good idea for parents to keep an active role in education, even as kids get older. Youth with engaged parents tend to have positive attitudes toward school and learning, earn higher grades and stay motivated.

Here are some examples of how you can get involved in your teen's school experience:

- Stay in the loop – follow classroom blogs, read e-newsletters and subscribe to text-messaging services offered by your school or board. Use online platforms to find information like class schedules, assignments and absences.
- Make time for parent-teacher conferences, school council meetings or school-wide events like student performances.



- Talk about what's going on at school. Sometimes a casual chat in the car or over an evening snack can help everyone feel comfortable. Try creative questions like *tell me about the best part of your day* or *what happened at school that was funny or surprising?*
- Help plan for life after graduation – post-secondary school, career, travel and other adventures that are still to come! Learn how you can support a healthy transition to adulthood.

If your hectic schedule makes it hard to be engaged at the school, reach out! Principals and teachers know that good schools get even better when

parents are involved, and most are looking for new ideas about how to be flexible for families. Some schools offer “coffee and conversation” evening events so that parents can meet with school staff in a casual atmosphere. Others host workshops to help parents understand curriculum, explore post-secondary options or learn about hot topics for youth.

For more information, check out Alberta Education's brief video about family engagement to support mental health in schools. It's the third video in a four-part series:

<https://education.alberta.ca/mental-health/information-and-resources/everyone/videos/>

February

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
27	28	29	30	31	1	2
3	4	5	6 Report Cards Sent Home with Students  \$6 WE Weds	7  \$3	8	9
10	11	12	13  \$6 WE Weds	14 ♥ HAPPY Valentine's DAY ♥  \$3	15	16
17	18 NO SCHOOL 	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23
24	25	26	27  \$6 WE Weds	28  \$3	1	2