KATE ANDREWS HIGH SCHOOL NEWSLETTER

www.kateandrewshighschool.com



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There will be no school for staff or students from Friday, <u>April 14th – Friday, April 21st</u> for the **Easter** break. Classes will resume on Monday, April 24th.

We wish all KAHS students and their families a relaxing and enjoyable time off.

REPORT CARDS

Semester 2, mid-term report cards will be mailed home on <u>Friday, April 26th</u>. Statements for outstanding Semester 2 Options fees will be included with the report cards. Fees can be viewed and paid online at <u>www.schoolcashonline.com</u> or via cash or cheque in the office.



STARRY FISH: by Rylan Dyck



THE GREAT RECYCLED SHARK: by Pancho Peters, Grant Bergen & Jarred Schacht



Remember to check out our Facebook page and the KA Website to constantly stay up to date on what's happening at KA!



TRASH THE TURTLE: by Alexxandra Olsen & Taylor O'brien

NEW STUDENT ORIENTATIONS

On Monday, April 10th, Grade 8 students at RIBMS will have an orientation at 11am. They will receive KA registration forms and be given information about attending Kate Andrews High School.

Kate Andrews will be holding an ORIENTATION MEETING for *students and their parents* on Tuesday, April 11th starting at 6:30 PM in the GYM. This orientation pertains to any new students who will be attending KA in September. We will review the student handbook, course programs offered and provide a tour of the school. Students/parents should bring any completed paperwork such as registration forms with them at this time.

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APRIL, 2017

FOM THE DRAMA DEPARTMENT

On April 28th over 40 KA students will participate in the <u>Shed the Mask Drama Festival</u> hosted by local high schools and attended by schools all over Southern Alberta. Kate Andrews will show two pieces at the festival, "Peter/Wendy," our extra-curricular production, and "15 Reason Not to be in a Play," presented by the drama 10/20/30 class.

"Peter/Wendy" will be performed here at Kate Andrews from May 2nd-5th

In this lyrical, atmospheric interpretation of Peter Pan, Jeremy Bloom strips the familiar story down to its emotional essence. Peter lures Wendy away from her nursery to the magical world of Neverland, where she joins his adventures with Tinker Bell, Tiger Lily, and the menacing Captain Hook. An adaptation that pays homage to the darker themes of J. M. Barrie's original, Peter/Wendy will mesmerize audiences of all ages.

Tickets will be available to purchase in advance at Kate Andrews High School beginning April 24th, and at several businesses around town that will be announced as soon as possible (watch your email and the KA website). Please come out and support your school's Drama program!

During the nights that Peter/Wendy runs there will also be a themed art show set up to accompany the play. This will include art work from KA students.



FOM THE ART ROOM

ORANGE: by Easton Magarell

Throughout this newsletter you will find various photos of Art Projects created by KA students.

<u>'Sea Trees Ocean Garden' Sculptures</u>

On March 25th 3-D artworks created by the Art 10/20/30 class were displayed in the Gnarland Arts Festival in Rossland, BC. The festival is a mixed media pop-up event including visual arts, dramatic productions, and live music. The students were tasked with creating 3-D artworks to contribute to a collaborative art installation entitled 'Sea Trees Ocean Garden'. They were challenged by the restriction of using only recycled, found, or otherwise free materials with the exception of adhesives and paint. The students worked in groups of 2 or 3 to build their sculptures, plan the installation of their works, create write ups, and consider transport requirements. The project was an exciting exploration of collaboration in the classroom, collaboration with the art community who together hosted this creative event, and collaboration within the physical installation space itself. Lots of fun was had! As well as many conversations surrounding current world issues of recycling, pollution, disposable goods, and consumerism. Congratulations to the Art 10/20/30 class on their brilliant sculptures!

Pop Art & Printmaking

The Art 9 class has been exploring the Pop Art movement of the 1950's. They learned the process of linocut printmaking and took inspiration from the iconic Andy Warhol in order to create fabulous artworks focused on 'everyday objects'. Congratulations to the Art 9 class on their eye catching prints!



FEBRUARY

STUDENTS OF THE MONTH

Congratulations to the following students who received **Student of the Month** for **February**. Each month a student from grade 9, 10, 11 & 12 are presented with this award. Students are nominated by teachers or support staff and acknowledge a student's character, attitude, work ethic, and contributions to our school.

GRADE 9: CAMRYN KOCHAN

Camryn holds herself accountable all the way and takes pride in all of the things that she does. She is a great basketball player and leader. She is a caring individual always takes a moment to acknowledge and make our special needs students feel welcome and a part of the school. Camryn has joined Student Council and we are fortunate to have her contribute her skills and abilities in this way. There is no doubt that there is something special about this young woman; her positive and encouraging demeanor paired with her winning smile is an unbeatable combination.

GRADE 10: ANNA BALDOCK

Our choice for the Grade 10 Kate Andrews Student of the Month is a great young lady. This student can have a quiet nature in class, but her friends describe her as loud and funny when she is with them! This student works positively with all members in class, and has a discreet leadership quality. Outside of class time she plays softball and baseball, representing our school on the field. Congratulations to our Grade 10 Student of the Month, Anna Baldock.

GRADE 11: ALYSSA BROWN

The KA Grade 11 Student of the Month is a truly deserving recipient. This student displays exemplary skill and work ethic which leads to impressive educational achievement. Even more impressive may be this student's thirst for knowledge and mature, moral compass. This student readily helps those in need and has tirelessly contributed to the betterment of the KA Community through a number of groups and voluntary activities. Congratulations to our Grade 11 Student of the Month - Alyssa Brown.

Grade 12: LAINE WILSON

The Grade 12 Student of the Month for KA is an outstanding student and a friendly, outgoing presence in class. This student is a hard worker and is dedicated to his academic achievements. Outside of class he is also a devoted athlete, representing Kate Andrews in both volleyball and basketball. Maybe even more importantly, he is consistently described by both staff and peers as kind and respectful to all. After high school he plans to attend the University of Lethbridge with a focus on physical education and sports medicine. Congratulations to our Grade 12 Student of the Month – Laine Wilson.

CONGRATULATIONS TO ALL OF OUR WINNERS. WE ARE PROUD OF YOU.

<u>Regional Skills Alberta Update</u>

Once again Kate Andrews High School will be sending students to compete in the Regional Skills Competition on April 26, 2017 at the Lethbridge College.

Areas of competition are:

Auto Service Carpentry Graphic Design Photography Baking Culinary Hairstyle Braiding TV/Video Production Cabinet Making Fashion Hairstyle Bridal Updo Welding

Other areas of competition to take place in Edmonton are:

Fashion Technology	Job SearCh	Job Skills Demonstration
Public Speaking	Workplace Safety	Workplace Safety

Registration was in February, and the following students will be competing. Check out the website at www.skillsalberta.com for more information. GO PRIDE!!!!

- ∞ Baking Alex Brobbel
- ca Culinary Marcella Roelofs & Zoey Roelofsen
- ca Cabinetry Dallas Mihalicz
- ∞ Photography Tony Heavy Runner & Joel Dyck
- ∞ Fashion Technology Sian Hernandez & Christen Gross
- ∞ Hairstyling Junior Kaya Ficek & Taylor DeBoer
- ca Welding Joel Klassen







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FAMILY SCHOOL LIAISON COUNSELLOR

In March, we sadly had to say goodbye to a valued member of the KA team – *Mrs. Lavonn Mutch.* Mrs. Mutch was our Family School Liaison Counsellor and had been with us for a number of years, during which she undoubtedly made a difference to many students. We wish Mrs. Mutch all the best and hope that she enjoys her new role, working with Senior Citizens.

Taking over the role of Family School Liaison Counsellor from Mrs. Mutch is Mrs. Melinda Greenaway. Mrs. Greenaway has been with Palliser for 5 years. When she is not at work she enjoys spending time with her husband, teaching & practicing yoga, and traveling. Mrs. Greenaway is currently at KA on Wednesdays and Fridays, however this will be increasing in the near future. "My goal is to provide a safe space for all students at KAHS. I am able to help students within the school setting manage current challenges, develop skills for coping and connect with the community supports when needed. If students are wanting to connect with me, they can stop by office any time."

If parents wish to refer their child for counselling or discuss potential concerns/support needs they can contact the school office or email Mrs. Greenaway directly at melinda.greenaway@pallisersd.ab.ca.



BASEBALL #2: by Tyson Mostyn



THE KILLER WHALES: by Kaylee Martel, Gage Burgess & Johnson Xi



NIKE SHOE: by Ethan Johnson

KAHS ATHLETICS

KA will be hosting Badminton Districts on Wednesay, April 12th. Those who finish in the top two, will advance to Zones in Medicine Hat on April 26th.





The Baseball and Softball Game schedule is posted on the KA website, under the Athletics tab.



"Me to We" Café "WE" WEDS

\$5.00 LUNCHES!

Weds. April 5th

Pulled Pork bun, water/pop & a bag of chips!

Weds. April 12th

Hamburger, pop/water & a bag of chips!

Weds. April 26th

Hotdog, pop/water & a bag of chips



MEGA ICE CREAM SANDWICHES ONLY <mark>\$2.00!</mark>



ON SALE IN THE CANTEEN WEDS AT LUNCH!

Wear **RED** to celebrate Canada 150 May 18, 2017

This year marks 150 years since Confederation. To celebrate, Canada 150 celebrations are planned across the country throughout the year. To mark this national milestone, Palliser Regionals Schools has designated May 18th as Wear Red for Canada 150 Day.

Why May 18? It's about the 150th day of our school year (depending on the school and its unique calendar). It's right before the Victoria Day long weekend, named for Queen Victoria, who was the sovereign at the time of Confederation. Finally, we want students to celebrate #Canada150 together!



Share your #Canada150 day. Twitter & Instagram @PalliserSchools

"WE" Create Change is

back at Kate Andrews High School for the **2016-17** school year and now is your best chance to open doors for children everywhere.





Helping to Build a School in ECUADOR!

\$20.00 per brick! Means 500 bricks needed!

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GOAL=<u>\$10,000.00</u>

(equivalent of) 500 BRICKS!

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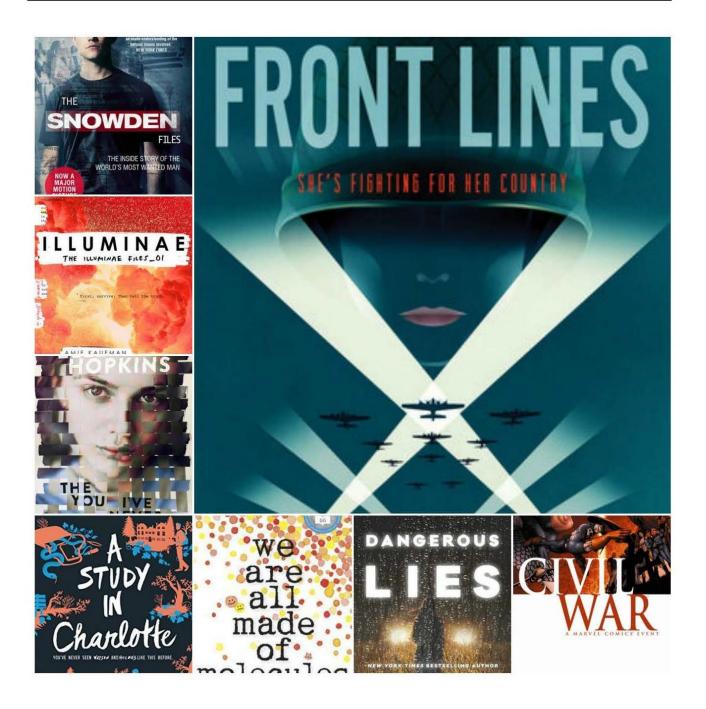
MONEY RAISED to date =

<u>\$6730.00!</u>

(equivalent of) 336 BRICKS!

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The Pride @ KAHS Reads: Hop into APRIL with a NEW read!



What to read next... *Ruthless* by Carolyn Lee Adams

Home Is Where the Art Is

Kate Andrews High School is hosting this exhibit from April 12 to May 10, 2017.

This exhibition consists of a selection of 18 works by 18 Peace Region artists from the larger exhibition featured at the Art Gallery of Grand Prairie in the spring of 2014. The *Art of the Peace* juried exhibition, called "Home Is Where The Art Is" was 100 days of art celebrating Grande Prairie's centennial.



Waiting...for Something Decent on TV, n.d, by Janice Kretzer Prysunka Courtesy of the artist

This exhibition featured contemporary, local artworks by members of the Art of the Peace Visual Arts Association. Art of the Peace is a regional visuals arts organization representing artists throughout the Alberta and BC Peace country. This juried exhibition was open to all member of the organization and was juried by an independent jury to select a showcase of contemporary art from the region.

The 18 artists featured in

the exhibition are: Lynn LeCorre, Mary Parslow, Ken HouseGo, Angela Fehr, Leslie Bjur, Janice Kretzer-Prysunka, Suzanne Sandboe, Jim Stokes, Lydia Hibbing, Sharon Krushel, Joyce Benson, Lloyd Dykstra, Lynn Nordhagen, Christina Wallwork, Dale Syrota, Kiren Niki Sangra, Linda Henderson and Tannis Trydal.

Curated by Todd Schaber Art Gallery of Grand Prairie



Alberta Health Services

Early Specialization in Sport

Sport is an important aspect of school life. The benefits of being active and participating on a team, or as an individual, are widespread. From increased positive mental and physical health, to greater social skills, athletes can gain a lot from participating in sport. However, even with so many benefits, there can be too much of a good thing. If an athlete spends too much time and energy in one sport, isolating them from friends and other opportunities, it can decrease their social and psychological growth.

In regards to physical health, specializing in one sport too early can limit the range of skills an athlete possesses and their overall motor skill development. This lack of skills and, often, a lack of confidence, can potentially affect lifelong involvement in physical activity by discouraging the athlete from participating in other activities.

Lastly, early specialization in sport can actually change the way an athlete's body grows and develops because of increased stress on the body and repetitive injuries.

If your teen chooses to specialize early, pay attention to signs of burnout and isolation and talk with your teen and their coach about opportunities for cross training. Remember that having fun is an important factor to being active for life!

For more information visit http://canadiansportforlife.ca/parents

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Teens Working with Food – Get Their Certficate!

One of the places that will hire someone for the first time is the food service industry. Grocery stores, restaurant, or even food trucks need people who want to work and who are passionate about food.

Taking some courses in food preparation will help your teen build their resume. Whether domestic or culinary, they will gain a new understanding of the fuel our body needs. These courses also include information on food safety. The food industry requires workers who have their certificate in food safety. Most high schools offer the basic training in partnership with the local Public Health Inspector. Some high schools also offer the provincial certificate program.

If your teen wants to take a food safety certificate on their own, there are several options they can complete either in person or online. Alberta Health Services has food safety training for special events, farmer's markets, and a basic course for anyone working with food. All courses are available on our website at: www.albertahealthservices.ca/eph.asp

Foodborne illness is no fun, so by learning about food safety your teen can take the steps to prevent someone getting sick. Getting a food safety certificate will help to build their resume for when they apply for those first jobs.



We get kids up on on their feet! The Alberta Medical Association and Ever Active Schools have brought a free, award-winning program for school-aged children to Alberta schools. They can provide your school with resources and support – from scratch or to enrich an existing run club. For more information visit: http://www.amayouthrunclub.com/.

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April 2017

Healthy Teens

Parent Newsletter

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Sun	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
2 World Autism Awareness Day	3 School Council Meeting @7pm in Conference Room Assembly in Period 1	4	5	6	7 ROAR (Advisory Groups)	8
9	10 Quarter 4 Begins Orientation for Grade 8 Students at RIBMS @ 11am	11 Parent & Student Orientation for new students in 2017/2018 school year: KAHS Gym @ 6:30 pm	12 KA Hosting Badminton Districts	13	14 NO SCHOOL Good Friday	15
16	17 NO SCHOOL Easter Monday	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22
23	24	25	26 Regional Skills Alberta Competition @ Lethbridge College Semester II Report Cards Mailed Home Badminton Zones in Medicine Hat	27	28 ROAR (Advisory Groups)	29 Band Trip to Banff

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Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 NO SCHOOL	2	3	4 Student Leadership Conference (in Calgary)	5 Last Day to Purchase Yearbooks	6
7	8 School Council Meeting @ 7pm Assembly during Period 2	<i>9</i> Grade 9 English P.A.T.	10	11	12 ROAR Advisor Groups	13
14 Mother's Day Happy Mother's Day	15	16	17	1 8 KA Celebrates RED CANADA 150	19	20
21	2.2 NO SCHOOL (Victorial Day)	23 NO SCHOOL (Site PD Day)	24	25	2 <i>6</i> ROAR Advisor Groups	27
2.8	29	30	31			