

2013–2014

# HIGH SCHOOL CAREER AND LIFE MANAGEMENT AT A GLANCE



You play an integral role in your teen's education by providing the encouragement and support he or she needs to succeed.

## CAREER AND LIFE MANAGEMENT (CALM)

*I want to make good choices in life.* Your teen will enhance their ability to make good choices today and in the future. They will examine health holistically: the emotional, intellectual, social, spiritual and physical dimensions. They will learn how to make responsible choices about money and other resources, and they'll learn that their decisions are based on their values and goals. Your teen will continue to plot out their career path as they plan for life after high school.

### Exemptions from CALM

If your teen is not at the age of majority or living independently, you have the right to exempt them from school instruction in human sexuality education by submitting a letter to the school indicating your intention to do so. Schools will provide alternative learning experiences for those students who have been exempted from human sexuality instruction at the request of their parents. Students must complete the remainder of the course in order to receive credits. Students may be exempted completely from CALM for only two reasons: out-of-province Grade 12 students transferring into Alberta schools; religious beliefs. Contact the principal of the school about these exemptions.

## ASSESSMENT

Learning is assessed using a variety of tools and strategies within the classroom. Ask the teacher what methods they are using. The different assessment methods tell you, your teen and your teen's teacher about your teen's strengths, the areas in which they might grow and how well they are doing throughout the course. At the end of the course, your teen will be assessed and their achievement will be reported so that you know if they have achieved the expected learning outcomes.



## RESOURCES

A variety of digital and print resources from many different sources help students learn. Alberta Education reviews and authorizes many student and teacher resources that support learning and teaching in the classroom. Additionally, teachers may select, and bring into the classroom, numerous other innovative and creative resources to create rich learning experiences for your teen. Visit LearnAlberta.ca (<http://www.learnalberta.ca/>) or the Authorized Resources Database (<http://education.alberta.ca/apps/lrdb/>) to learn more about the resources your child may encounter.

### LEARN MORE ABOUT YOUR CHILD'S EDUCATION BY VISITING

**My Child's Learning: A Parent Resource**

<http://www.mychildslearning.alberta.ca>



## WHERE CAN I GET MORE INFORMATION?

### CITIZENSHIP AND CAREER PATHWAYS

Telephone: 780-427-2984

Fax: 780-422-0576

E-mail: [curric.contact@education.gov.ab.ca](mailto:curric.contact@education.gov.ab.ca)

### FRENCH LANGUAGE EDUCATION SERVICES

Telephone: 780-427-2940

Fax: 780-422-1947

E-mail: [DEF@edc.gov.ab.ca](mailto:DEF@edc.gov.ab.ca)